

# March 2025 3rd Floor Calendar

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|--|--|---|--|--|
| <p><b>March cont'd</b> <span style="float: right; font-size: 2em;">30</span></p> <p><b>Pencil Day</b></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Who Invented the Pencil</b></li> <li>10:00 Paper Collage Making</li> <li>12:30 Lanai Time</li> <li>1:30 Ageless Fitness &amp; Hydration</li> <li>2:00 Educational Documentaries</li> <li>3:00 BINGO</li> </ul>            | <p><b>Crayon Day</b> <span style="float: right; font-size: 2em;">31</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Worlds Best Art Used w/ Crayons</b></li> <li>9:30 Watercolors &amp; Oldie Tunes</li> <li>10:00 <b>Hali'a Mele Club in The Lanai</b></li> <li>12:30 <b>3rd Flr. Van Ride: Old Waipahu / Kunia</b></li> <li>1:00 Tissue Paper Art</li> <li>2:00 Charades &amp; Name That! YouTube Edition</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>                                 | <div style="text-align: center;">  <p><b>THE PLAZA</b><br/>at Mililani</p> </div>  | <p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>  | <ul style="list-style-type: none"> <li> Creative</li> <li> Entertainment</li> <li> Excursion</li> <li> Intellectual</li> <li> Physical</li> <li> Plaza Life</li> <li> Social</li> </ul>   | <p><b>Pig Day</b> <span style="float: right; font-size: 2em;">1</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Fun Facts About Pigs</b></li> <li>9:45 Balloon Volleyball</li> <li>10:30 Pictionary &amp; Hangman</li> <li>12:30 Lanai Time</li> <li>1:30 <b>Arts &amp; Crafts: Q-Tip Lilac Painting</b></li> <li>2:30 Ageless Fitness &amp; Hydration</li> <li>3:00 BINGO</li> <li>3:30 <b>Gospel Singing Performance by S.I.S.D.A.C Youth</b></li> <li>5:00 Stories of Old Hawaii</li> <li>5:30 Evening Yoga</li> </ul> |  |
| <p><b>Banana Cream Pie Day</b> <span style="float: right; font-size: 2em;">2</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Best Places for Banana Cream Pie</b></li> <li>10:00 <b>Chair Zumba w/ Annette: 2nd Floor</b></li> <li>12:30 Lanai Time</li> <li>1:30 Ageless Fitness &amp; Hydration</li> <li>2:00 Educational Documentaries</li> <li>3:00 BINGO</li> </ul> | <p><b>Hinamatsuri Day</b> <span style="float: right; font-size: 2em;">3</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; History of Hinamatsuri</b></li> <li>9:30 Watercolors &amp; Oldie Tunes</li> <li>10:00 <b>Hali'a Mele Club in The Lanai</b></li> <li>12:30 <b>3rd Flr. Van Ride: Honolulu</b></li> <li>1:45 <b>Arts &amp; Crafts: Hinamatsuri Paper Doll Making w/ Chi Chi Dango</b></li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>   | <p><b>Fat Tuesday</b> <span style="float: right; font-size: 2em;">4</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Fun Facts About Fat Tuesday</b></li> <li>9:30 Hot Chocolate &amp; Talk Story at The Bistro</li> <li>10:15 Japanese Sing Along</li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai</b></li> <li>1:30 Tissue Paper Art</li> <li>2:30 Who Is It? &amp; Hangman</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>  | <p><b>Pancake Day</b> <span style="float: right; font-size: 2em;">5</span></p> <ul style="list-style-type: none"> <li>8:30 Ageless Fitness &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Hawaii's Best Places for Pancakes</b></li> <li>10:00 Plaza Sing Along: 2nd Floor</li> <li>12:30 Lanai Time</li> <li>1:30 Fun Film &amp; Popcorn</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul> | <p><b>Oreo Cookie Day</b> <span style="float: right; font-size: 2em;">6</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>9:30 Hot Chocolate &amp; Talk Story at The Bistro</li> <li>10:15 Mega Toss Games</li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></li> <li>1:30 <b>Watercolors w/ Oreo Cookies</b></li> <li>2:30 Sensory Break: Guess This Scent!</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>  | <p><b>Dress In Blue Day</b> <span style="float: right; font-size: 2em;">7</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>10:00 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b></li> <li>10:00 Men's Club: 5th Floor</li> <li>12:30 Lanai Time</li> <li>1:30 Fun Film</li> <li>3:00 Chair Zumba &amp; Hydration</li> <li>3:30 Name 5 &amp; Guess That Tune</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>  | <p><b>Oregon Day</b> <span style="float: right; font-size: 2em;">8</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; 10 Fun Facts About Oregon</b></li> <li>10:00 <b>Piano Performance by Nicolas Sugg</b></li> <li>12:30 Lanai Time</li> <li>1:30 <b>Arts &amp; Crafts: Paper Plate Jelly Fish Making</b></li> <li>2:30 Ageless Fitness &amp; Hydration</li> <li>3:15 BINGO</li> <li>5:00 Stories of Old Hawaii</li> <li>5:30 Evening Yoga</li> </ul>      |
| <p><b>Get Over It Day</b> <span style="float: right; font-size: 2em;">9</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Tips on Getting Over Negativity</b></li> <li>10:00 Paper Collage Making</li> <li>12:30 Lanai Time</li> <li>1:30 Ageless Fitness &amp; Hydration</li> <li>2:00 Educational Documentaries</li> <li>3:00 BINGO</li> </ul>                           | <p><b>Napping Day</b> <span style="float: right; font-size: 2em;">10</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Benefits of Napping</b></li> <li>9:30 Watercolors &amp; Oldie Tunes</li> <li>10:00 <b>Hali'a Mele Club in The Lanai</b></li> <li>12:30 <b>3rd Flr. Van Ride: Kapolei</b></li> <li>1:00 Tissue Paper Art</li> <li>2:00 Charades &amp; Name That! YouTube Edition</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>  | <p><b>Johnny Appleseed Day</b> <span style="float: right; font-size: 2em;">11</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; History of Johnny Appleseed</b></li> <li>9:30 Hot Chocolate &amp; Talk Story at The Bistro</li> <li>10:00 <b>Visit from Hawaii Baptist Academy Pre-school</b></li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai</b></li> <li>1:30 <b>Arts &amp; Crafts: Tissue Paper Ballerina Making</b></li> <li>2:30 Who Is It? &amp; Hangman</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul> | <p><b>Plant A Flower Day</b> <span style="float: right; font-size: 2em;">12</span></p> <ul style="list-style-type: none"> <li>8:30 Ageless Fitness &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Tips on Growing Plants</b></li> <li>10:00 Plaza Sing Along: 2nd Floor</li> <li>12:30 Lanai Time</li> <li>1:30 Fun Film &amp; Popcorn</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>    | <p><b>Jewel Day</b> <span style="float: right; font-size: 2em;">13</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>10:00 <b>Mass w/ Father Anthony: 5th Floor</b></li> <li>10:00 <b>Musical Performance by The Mellow Friends: 2nd Floor</b></li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></li> <li>1:30 Watercolors &amp; Word Search Puzzles</li> <li>2:30 Sensory Break: Guess This Scent!</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul> | <p><b>Butterfly Day</b> <span style="float: right; font-size: 2em;">14</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Photos of Butterflies Around The World</b></li> <li>10:00 Hot Chocolate &amp; Brain Games at The Bistro</li> <li>12:30 Lanai Time</li> <li>2:00 Q-Tip Art &amp; Puzzle Packs</li> <li>3:00 Chair Zumba &amp; Hydration</li> <li>3:30 Name 5 &amp; Guess That Tune</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>  | <p><b>Kansas Day</b> <span style="float: right; font-size: 2em;">15</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Fun Facts About Kansas</b></li> <li>10:00 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></li> <li>12:30 Lanai Time</li> <li>1:30 <b>Arts &amp; Crafts: Lucky Clover Garland Making</b></li> <li>2:30 Ageless Fitness &amp; Hydration</li> <li>3:15 BINGO</li> <li>5:00 Stories of Old Hawaii</li> <li>5:30 Evening Yoga</li> </ul>       |
| <p><b>Panda Bear Day</b> <span style="float: right; font-size: 2em;">16</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Funny Clips of Panda Bears</b></li> <li>10:00 Paper Collage Making</li> <li>12:30 Lanai Time</li> <li>1:30 Ageless Fitness &amp; Hydration</li> <li>2:00 Educational Documentaries</li> <li>3:00 BINGO</li> </ul>                                | <p><b>St. Patrick's Day</b> <span style="float: right; font-size: 2em;">17</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; History of St. Patrick's Day</b></li> <li>9:30 Watercolors &amp; Oldie Tunes</li> <li>10:00 <b>Hali'a Mele Club in The Lanai</b></li> <li>12:30 <b>3rd Flr. Van Ride: Aiea</b></li> <li>1:30 <b>Arts &amp; Crafts: Thumbprint Clover Painting w/ Mini Shamrock Shakes</b></li> <li>2:30 Who Is It? &amp; Hangman</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul> | <p><b>Sloppy Joe Day</b> <span style="float: right; font-size: 2em;">18</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Who Invented The Sloppy Joe?</b></li> <li>10:00 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b></li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai</b></li> <li>1:00 Tissue Paper Art</li> <li>2:00 Charades &amp; Name That! YouTube Edition</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>  | <p><b>Nurses Day</b> <span style="float: right; font-size: 2em;">19</span></p> <ul style="list-style-type: none"> <li>8:30 Ageless Fitness &amp; Hydration</li> <li>9:15 <b>Current Events &amp; 10 Fun Facts About Nurses</b></li> <li>10:00 Plaza Sing Along: 2nd Floor</li> <li>12:30 Lanai Time</li> <li>1:30 Fun Film &amp; Popcorn</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>         | <p><b>Ravioli Day</b> <span style="float: right; font-size: 2em;">20</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>9:30 Hot Chocolate &amp; Talk Story at The Bistro</li> <li>10:15 Mega Toss Games</li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></li> <li>1:30 Watercolors &amp; Word Search Puzzles</li> <li>2:30 Sensory Break: Guess This Scent!</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>  | <p><b>Fragrance Day</b> <span style="float: right; font-size: 2em;">21</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; History of Perfumes</b></li> <li>10:00 Hot Chocolate &amp; Brain Games at The Bistro</li> <li>12:30 Lanai Time</li> <li>2:00 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></li> <li>3:00 Chair Zumba &amp; Hydration</li> <li>3:30 Name 5 &amp; Guess That Tune</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>  | <p><b>Goof Off Day</b> <span style="float: right; font-size: 2em;">22</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Best Tips to Goof Off</b></li> <li>10:00 <b>Hawaiian Music w/ Chester &amp; Henry: 2nd Floor</b></li> <li>12:30 Lanai Time</li> <li>2:00 <b>Musical Performance by The Wahia SDA Church Group: 2nd Floor</b></li> <li>3:15 BINGO</li> <li>5:00 Stories of Old Hawaii</li> <li>5:30 Evening Yoga</li> </ul>                          |
| <p><b>Puppy Day</b> <span style="float: right; font-size: 2em;">23</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Funny Pictures of Puppies</b></li> <li>10:00 Paper Collage Making</li> <li>12:30 Lanai Time</li> <li>1:30 Ageless Fitness &amp; Hydration</li> <li>2:00 Educational Documentaries</li> <li>3:00 BINGO</li> </ul>                                      | <p><b>Chocolate Covered Raisin Day</b> <span style="float: right; font-size: 2em;">24</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>10:00 <b>Performance by Team of Angels: 2nd Floor</b></li> <li>12:30 <b>3rd Flr. Van Ride: Kaneohe</b></li> <li>1:00 Tissue Paper Art</li> <li>2:00 <b>Charades &amp; Name That! w/ Chocolate Covered Raisins</b></li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>   | <p><b>Medal of Honor Day</b> <span style="float: right; font-size: 2em;">25</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; History of The Medal of Honor Recipients</b></li> <li>9:30 Hot Chocolate &amp; Talk Story at The Bistro</li> <li>10:15 Japanese Sing Along</li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai</b></li> <li>1:30 <b>Arts &amp; Crafts: Panda Bear Door Tag Making</b></li> <li>2:30 Who Is It? &amp; Hangman</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>                         | <p><b>Spinach Day</b> <span style="float: right; font-size: 2em;">26</span></p> <ul style="list-style-type: none"> <li>8:30 Ageless Fitness &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Benefits of Eating Spinach</b></li> <li>10:00 Plaza Sing Along: 2nd Floor</li> <li>12:30 Lanai Time</li> <li>1:30 Fun Film &amp; Popcorn</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>       | <p><b>Scribble Day</b> <span style="float: right; font-size: 2em;">27</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength Circuits &amp; Hydration</li> <li>9:15 Current Events &amp; Brain Games</li> <li>10:00 <b>2nd Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</b></li> <li>10:00 <b>Mass w/ Father Anthony: 5th Floor</b></li> <li>12:30 <b>Bubble Time &amp; Garden Club in The Lanai Time</b></li> <li>1:30 Watercolors &amp; Word Search Puzzles</li> <li>2:30 Sensory Break: Guess This Scent!</li> <li>3:15 Ageless Fitness &amp; Hydration</li> <li>5:00 BINGO</li> <li>5:30 Evening Yoga</li> </ul>  | <p><b>Something On A Stick Day</b> <span style="float: right; font-size: 2em;">28</span></p> <ul style="list-style-type: none"> <li>8:00 <b>Men's Club: 5th Floor</b></li> <li>8:30 Seated Strength (A) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Wackiest Things Made on A Stick</b></li> <li>10:00 Hot Chocolate &amp; Brain Games at The Bistro</li> <li>12:30 Lanai Time</li> <li>2:00 Q-Tip Art &amp; Puzzle Packs</li> <li>3:00 Chair Zumba &amp; Hydration</li> <li>3:30 Name 5 &amp; Guess That Tune</li> <li>5:00 BINGO</li> <li>5:30 Unwind The Mind Time</li> </ul>                 | <p><b>Nevada Day</b> <span style="float: right; font-size: 2em;">29</span></p> <ul style="list-style-type: none"> <li>8:30 Seated Strength (B) &amp; Hydration</li> <li>9:15 <b>Current Events &amp; Fun Facts About Nevada</b></li> <li>9:45 Balloon Volleyball</li> <li>10:30 Pictionary &amp; Hangman</li> <li>12:30 Lanai Time</li> <li>1:30 <b>Arts &amp; Crafts: Newspaper Shark Art</b></li> <li>2:30 Ageless Fitness &amp; Hydration</li> <li>3:15 BINGO</li> <li>5:00 Stories of Old Hawaii</li> <li>5:30 Evening Yoga</li> </ul> |