

# March 2023 4th Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	<p>All activities will be located on the 4th floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>Creative</b> <b>Entertainment</b> <b>Excursion</b> <b>Intellectual</b> <b>Physical</b> <b>Social</b></p>	<b>Peanut Butter Day 1</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Plaza Sing Along: 2nd Floor</b> 10:30 🐾 Who Is It? & Trivia 1:30 🐾 <b>Movies &amp; Peanut Butter Wafers</b> 3:00 🐾 BINGO	<b>Banana Cream Pie Day 2</b> 8:30 🐾 Individual Games 9:30 ↔ Independent Ageless Fitness & Hydration 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Hinamatsuri Day 3</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📷 <b>Arts &amp; Crafts: Hinamatsuri Doll Making w/ Mochi</b> 2:30 🕒 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Marching Music Day 4</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 <b>Zumba with Annette: 2nd Flr.</b> 1:30 🐾 Balloon Volleyball 2:30 ↔ Chair Zumba 3:00 🐾 BINGO			
			<b>Cheese Doodle Day 5</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 <b>Fun Film w/ Cheese Doodles</b> 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Oreo Day 6</b> 8:30 🐾 Individual Games 9:30 🚗 <b>Van Ride: Makakilo</b> 10:00 ↔ Ageless Fitness & Hydration 10:30 🐾 <b>Game Show Hour: The Price is Right</b> 1:30 📷 <b>Watercolors w/ Oreo Cookies</b> 2:15 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO	<b>Flapjack Day 7</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 <b>Movies &amp; Popcorn</b> 3:00 🐾 BINGO	<b>International Women's Day 8</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b> 1:30 📷 <b>Arts &amp; Crafts: Q-Tip Lilac Painting</b> 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Meatball Day 9</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Blueberry Popover Day 10</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Dice Bingo 2:30 🕒 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Johnny Appleseed Day 11</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📷 <b>Arts &amp; Crafts: Newspaper Shark Art</b> 2:30 ↔ Chair Zumba 3:00 🐾 BINGO
			<b>Plant A Flower Day 12</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Fun Film 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Jewel Day 13</b> 8:30 🐾 Individual Games 9:30 🚗 <b>Van Ride: Haleiwa Town</b> 10:00 🎵 <b>Hawaiian Music w/ Uncle Will: 2nd Floor</b> 1:30 📷 <b>Watercolors &amp; Puzzle Packs</b> 2:15 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO	<b>Learn About Butterflies Day 14</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📷 <b>Arts &amp; Crafts: Lucky Clover Garland Making</b> 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Kansas Day 15</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Plaza Sing Along: 2nd Floor</b> 10:30 🐾 Who Is It? & Trivia 2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b> 3:00 🐾 BINGO	<b>Panda Day 16</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Happy St. Patrick's Day 17</b> 8:30 🐾 Individual Games 9:30 ↔ Independent Ageless Fitness & Hydration 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:30 📷 <b>Arts &amp; Crafts: St. Patrick's Ornament Making w/ Shamrock Shakes</b> 2:30 🕒 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Corn Dog Day 18</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Balloon Volleyball 2:30 ↔ Chair Zumba 3:00 🐾 BINGO
			<b>Lets Laugh Day 19</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Fun Film 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Spring Begins 20</b> 8:30 🐾 Individual Games 9:30 🚗 <b>Van Ride: Kaneohe</b> 10:00 ↔ Ageless Fitness & Hydration 10:30 🐾 <b>Game Show Hour: The Price is Right</b> 1:30 📷 <b>Watercolors &amp; Puzzle Packs</b> 2:15 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO	<b>Fragrance Day 21</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b> 1:30 📷 <b>Arts &amp; Crafts: Edible Art w/ Fruit &amp; Nutella</b> 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Goof Off Day 22</b> 8:30 🐾 Individual Games 9:30 ↔ Independent Ageless Fitness & Hydration 10:00 🎵 <b>Musical Performance by Hank The Singing Dutchman: 2nd Floor</b> 1:30 🐾 <b>Movies &amp; Popcorn</b> 3:00 🐾 BINGO	<b>Puppy Day 23</b> 8:30 🐾 Individual Games 9:30 ↔ Independent Ageless Fitness & Hydration 10:00 🎵 <b>Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</b> 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Cocktail Day 24</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Dice Bingo 2:30 🕒 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Medal of Honor Day 25</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📷 <b>Arts &amp; Crafts: Black Glue Sun Art</b> 2:30 ↔ Chair Zumba 3:00 🐾 BINGO
			<b>Spinach Day 26</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Fun Film 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Joe Day 27</b> 8:30 🐾 Individual Games 9:30 🚗 <b>Van Ride: Old Waipahu &amp; Ewa</b> 10:00 ↔ Ageless Fitness & Hydration 10:30 🐾 <b>Game Show Hour: The Price is Right</b> 1:30 📷 <b>Watercolors &amp; Puzzle Packs</b> 2:15 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO	<b>Something On A Stick Day 28</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 📷 <b>Arts &amp; Crafts: Paper Plate Dinosaur Making</b> 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Nevada Day 29</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Plaza Sing Along: 2nd Floor</b> 10:30 🐾 Who Is It? & Trivia 1:30 🐾 <b>Movies &amp; Popcorn</b> 3:00 🐾 BINGO	<b>Virtual Vacation Day 30</b> 8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO	<b>Crayon Day 31</b> 8:30 🐾 Individual Games 9:30 ↔ Independent Fitness & Hydration 10:00 🎵 <b>Musical Performance by The Olaloa Jammers: 2nd Floor</b> 1:30 🐾 Balloon Volleyball 2:30 🕒 Chair Zumba & Hydration 3:00 🐾 BINGO	