


March 2024 4th Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>Easter Sunday</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Easter Egg Wreath Making 10:45 🐾 Current Events & Fun Facts About Easter 1:30 🐾 Easter Fun Film & Bananagrams 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration</p>	<p></p>	<p>All activities will be located on the 4th floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>📷 Creative 🎵 Entertainment 🚌 Excursion 💡 Intellectual ↔ Physical 👥 Social 🦋 Spiritual</p>	<p>Wear Blue Day 1</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 🐾 Dice BINGO 2:30 🐾 Color Therapy & Word Search Puzzles 3:00 ↔ Drum-A-Sizing</p>	<p>Dr. Seuss Day 2</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 1:30 🐾 Fun Film & Bananagrams 3:00 ↔ Chair Zumba & Hydration 3:30 🐾 BINGO</p>	
<p>Hina Matsuri 3</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 📷 Arts & Crafts: Hina Matsuri Paper Doll Making w/ Chi Chi Dango 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Pound Cake Day 4</p> <p>8:30 🐾 Individual Games 9:30 ↔ Chair Zumba & Hydration 10:00 🚌 Van Ride: Makakilo 10:30 🐾 Game Show Hour: The Price is Right 1:30 📷 Watercolors & Puzzle Packs 2:30 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO</p>	<p>Cheese Doodle Day 5</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 1:30 📷 Arts & Crafts: Newspaper Shark Art 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO w/ Cheeto Puffs</p>	<p>Oreo Cookie Day 6</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Plaza Sing Along: 2nd Floor 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 ↔ Drum-A-Sizing</p>	<p>Flapjack Day 7</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 🐾 Movies, Color Therapy, & Popcorn 3:00 🐾 BINGO</p>	<p>Women's Day 8</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 1:30 🐾 Dice BINGO 2:30 🐾 Color Therapy & Word Search Puzzles 3:00 ↔ Drum-A-Sizing</p>	<p>Barbie Day 9</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Hawaiian Music w/ Chester & Henry: 2nd Floor 1:30 📷 Arts & Crafts: Ballerina Tissue Making 2:30 ↔ Chair Zumba 3:00 🐾 BINGO</p>
<p>Bagpipe Day 10</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 🐾 Fun Film & Bananagrams 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration</p>	<p>Johnny Appleseed Day 11</p> <p>8:30 🐾 Individual Games 9:30 ↔ Chair Zumba & Hydration 9:30 🚌 Van Ride: Kaka'ako 10:30 🐾 Game Show Hour: The Price is Right 1:30 📷 Watercolors & Puzzle Packs 2:30 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO</p>	<p>Plant A Flower Day 12</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 📷 Arts & Crafts: Q-Tip Lilac Painting 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Jewel Day 13</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Plaza Sing Along: 2nd Floor 1:30 🐾 Movies, Color Therapy, & Popcorn 3:00 ↔ Drum-A-Sizing</p>	<p>Learn About Butterflies Day 14</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Local Jamz w/ Dean Hirata: 2nd Floor 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Pears Helene Day 15</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 10:00 🐾 Men's Club: 5th Floor 1:30 🐾 Dice BINGO 2:30 🐾 Color Therapy & Word Search Puzzles 3:00 ↔ Drum-A-Sizing</p>	<p>Quilting Day 16</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 🐾 Fun Film & Bananagrams 3:00 ↔ Chair Zumba 3:30 🐾 BINGO</p>
<p>St. Patrick's Day 17</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 📷 Arts & Crafts: St. Patrick's Lucky Clover Garland Making 2:30 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration</p>	<p>Sloppy Joe Day 18</p> <p>8:30 🐾 Individual Games 9:30 ↔ Chair Zumba & Hydration 9:30 🚌 Van Ride: Mokuleia 10:30 🐾 Game Show Hour: The Price is Right 1:30 📷 Watercolors & Puzzle Packs 2:30 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO</p>	<p>Let's Laugh Day 19</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 📷 Arts & Crafts: Panda Bear Door Tag Making 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Ravioli Day 20</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Plaza Sing Along: 2nd Floor 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Drum-A-Sizing</p>	<p>Fragrance Day 21</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Water Day 22</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🦋 Bible Stories w/ Ms. Maureen: 5th Floor 1:30 🐾 Fun Film & Color Therapy 3:00 ↔ Drum-A-Sizing</p>	<p>Puppy Day 23</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 🐾 BINGO</p>
<p>Cocktail Day 24</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 🐾 Fun Film & Bananagrams 3:00 🐾 BINGO 3:30 ↔ Chair Zumba & Hydration</p>	<p>Tolkien Reading Day 25</p> <p>8:30 🐾 Individual Games 9:30 ↔ Chair Zumba & Hydration 9:30 🚌 Van Ride: Moanalua / Salt Lake 10:30 🐾 Game Show Hour: The Price is Right 1:30 📷 Watercolors & Puzzle Packs 2:30 ↔ Ageless Fitness, Indoor Stroll, & Hydration 3:00 🐾 BINGO</p>	<p>Spinach Day 26</p> <p>8:30 🐾 Individual Games 9:45 🎵 Comedy Show w/ Frank De Lima: 2nd Floor 1:30 📷 Arts & Crafts: Mother Bear Silhouette Painting 2:30 🐾 Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Manatee Day 27</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Plaza Sing Along: 2nd Floor 1:30 🐾 Movies & Plaza Buck Shopping 3:00 ↔ Drum-A-Sizing</p>	<p>Something On A Stick Day 28</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 1:30 🐾 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🐾 BINGO</p>	<p>Pita Day 29</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🎵 Birthday Bash & Hula by Na Wahine O Ka Hula: 2nd Floor 1:30 🐾 Dice BINGO 2:30 🐾 Color Therapy & Word Search Puzzles 3:00 ↔ Drum-A-Sizing</p>	<p>Virtual Vacation Day 30</p> <p>8:30 🐾 Individual Games 9:30 ↔ Ageless Fitness & Hydration 10:00 🐾 Lanai Time & Hawaiian Tunes 1:30 📷 Arts & Crafts: Paper Plate Jelly Fish Making 2:30 ↔ Chair Zumba 3:00 🐾 BINGO</p>