

March 2023 3rd Floor Calendar



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

- Creative
- Entertainment
- Excursion
- Intellectual
- Physical
- Social
- Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Peanut Butter Day 1	Banana Cream Pie Day 2	Hinamatsuri Day 3	Marching Music Day 4
			8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & History of Peanut Butter 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎬 Fun Film & Peanut Butter Wafers 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Best Places for Banana Cream Pie 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 📺 Arts & Crafts: Hinamatsuri Doll Making w/ Mochi 2:30 🎭 Pictionary & Balloon Volleyball 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Zumba with Annette: 2nd Flr. 12:30 🎵 Lanai Time 1:30 ⚡ Best Friend Activity of The Week 2:00 🎭 Watercolors & Puzzle Packs 2:30 ⚡ Trivia or Name Five 3:15 ⚡ BINGO
Cheese Doodle Day 5	Oreo Day 6	Flapjack Day 7	International Women's Day 8	Meatball Day 9	Blueberry Popover Day 10	Johnny Appleseed Day 11
8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 📺 Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries w/ Cheese Doodles 3:00 🎲 BINGO	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Makakilo 1:00 📺 Tissue Paper Art 2:00 🎭 Charades w/ Mini Oreo Sundaes 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Best Places for Flapjacks in Hawaii 10:00 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Influential Woman Around The World 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 12:30 🎵 Lanai Time 1:30 📺 Arts & Crafts: Q-Tip Lilac Painting 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 📺 Tissue Paper Art 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 ⚡ Best Friend Activity of The Week 2:00 🎭 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & History of Johnny Appleseed 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎵 Lanai Time 1:30 📺 Arts & Crafts: Newspaper Shark Art 2:30 ⚡ Trivia or Name Five 3:15 ⚡ BINGO
Plant A Flower Day 12	Jewel Day 13	Learn About Butterflies Day 14	Kansas Day 15	Panda Day 16	Happy St. Patrick's Day 17	Corn Dog Day 18
8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 📺 Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🎲 BINGO	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Hawaiian Music w/ Uncle Will: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Haleiwa Town 1:00 📺 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 📺 Arts & Crafts: Lucky Clover Garland Making 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 ⚡ Bible Stories w/ Ms. Maureen 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎵 Lanai Time 1:30 📺 Arts & Crafts: St. Patrick's Ornament Making w/ Shamrock Shakes 2:30 🎭 Watercolors & Puzzle Packs 3:30 🎵 Afternoon Exercises & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 ↔ Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 ⚡ Best Friend Activity of The Week 2:30 ⚡ Trivia or Name Five 3:15 ⚡ BINGO
Lets Laugh Day 19	Spring Begins 20	Fragrance Day 21	Goof Off Day 22	Puppy Day 23	Cocktail Day 24	Medal of Honor Day 25
8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & YouTube's Funniest Pet Videos 10:00 📺 Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🎲 BINGO	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kaneohe 1:00 📺 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Fun Facts About Fragrances 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 📺 Arts & Crafts: Edible Art w/ Fruit & Nutella 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Fun Ways to Goof Off 10:00 🎵 Musical Performance by Hank The Singing Dutchman: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Cutest Pictures of Puppies 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 ⚡ Best Friend Activity of The Week 2:00 🎭 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & List of Medal of Honor Recipients 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎵 Lanai Time 1:30 📺 Arts & Crafts: Black Glue Sun Art 2:30 ⚡ Trivia or Name Five 3:15 ⚡ BINGO
Spinach Day 26	Joe Day 27	Something On A Stick Day 28	Nevada Day 29	Virtual Vacation Day 30	Crayon Day 31	
8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Health Benefits from Spinach 10:00 📺 Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 ⚡ Educational Documentaries 3:00 🎲 BINGO	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Old Waipahu & Ewa 1:00 📺 Tissue Paper Art 2:00 🎭 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 📺 Arts & Crafts: Paper Plate Dinosaur Making 2:30 ⚡ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & 10 Fun Facts About The State of Nevada 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Best Places to Vacation in The World 10:00 📺 Tissue Paper Art 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 📺 Man Your Station Hour 2:30 🎭 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎲 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Talk Story Time	8:30 ↔ Ageless Fitness & Hydration 9:15 ⚡ Current Events & Brain Games 10:00 🎵 Musical Performance by The Olaloa Jammers: 2nd Floor 12:30 🎵 Lanai Time 1:30 ⚡ Best Friend Activity of The Week 2:00 🎭 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎲 BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 🍷 Evening Snack & Name That Sound	