March 2023 <b>3rd Floor Calendar</b>						created with COGEU
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE <b>PLAZA</b>	All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.	<ul> <li>Creative</li> <li>Entertainment</li> <li>Excursion</li> <li>Intellectual</li> <li>Physical</li> <li>Social</li> <li>Spiritual</li> </ul>	Peanut Butter Day       1         8:30 ↔ Ageless Fitness & Hydration       9:15        Current Events & History of Peanut Butter       10:00        Plaza Sing Along: 2nd Floor         12:30        Lanai Time       1:30        Fun Film & Peanut Butter Wafers         3:00 ↔ Chair Zumba & Hydration       5:00        BINGO         5:30 ↔ Evening Cool Down Stretches       6:00        Evening Snack & Name That Sound	Banana Cream Pie Day 8:30 ↔ Ageless Fitness & Hydration 9:15 ☆ Current Events & Best Places for Banana Cream Pie 10:00 ♬ Local Jamz w/ Dean Hirata: 2nd Floor 12:30 ∰ Bubble Time & Garden Club in The Lanai Time 1:30 ⓒ Man Your Station Hour 2:30 ఈ Charades & Name That Tune 3:00 ↔ Charades & Name That Tune 3:00 ↔ Chariz Zumba & Hydration 5:00 ∰ BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 ∰ Evening Snack & Talk Story Time	Hinamatsuri Day         8:30 ↔ Ageless Fitness & Hydration         9:15 ☆ Current Events & Brain Games         10:00 答 Hot Chocolate & Brain Games         11:30 谷 Lanai Time         1:30 谷 Arts & Crafts: Hinamatsuri Doll Making w/ Mochi         2:30 谷 Pictionary & Balloon Volleyball         3:00 答 BINGO         5:45 ↔ Evening Cool Down Stretches         6:00 答 Evening Snack & Name That Sound	Marching Music Day       4         8:30 ↔ Ageless Fitness & Hydration       9:15 ❖ Current Events & Brain Games         9:15 ❖ Current Events & Brain Games         10:00 J Zumba with Annette: 2nd Flr.         12:30 肇 Lanai Time         1:30 ❖ Best Friend Activity of The Week         2:00 肇 Watercolors & Puzzle Packs         2:30 ❖ Trivia or Name Five         3:15 ❖ BINGO
Cheese Doodle Day       5         8:30 ↔ Ageless Fitness & Hydration       9:15          9:15        Current Events & Brain Games         10:00        Paper Collage Making         12:30        Lanai Time         1:30        Chair Zumba & Hydration         2:00        Educational Documentaries w/ Cheese Doodles         3:00        BINGO	Oreo Day         8:30 ↔ Ageless Fitness & Hydration       6         9:15 ☆ Current Events & Brain Games       10:00 ữ Hali'a Mele Club in The Lanai         12:30 a Graf Fir. Van Ride: Makakilo       1:00 © Tissue Paper Art         2:00 a Charades w/ Mini Oreo Sundaes       3:00 ↔ Chair Zumba & Hydration         5:00 ữ BINGO       5:30 ↔ Evening Cool Down Stretches         6:00 ఔ Evening Snack & Name That Sound	Flapjack Day         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Best Places for Flapjacks in Hawaii         10:00        Japanese Sing Along         12:30        Bubble Time & Garden Club in The Lanai         1:30        Fun Film & Popcorn         3:00        Chair Zumba & Hydration         5:00        BINGO         5:30        Evening Cool Down Stretches         6:00        Evening Snack & Talk Story Time	International Women's Day         8:30 ↔ Ageless Fitness & Hydration         9:15        Current Events & Influential         Woman Around The World         10:00        Hawaiian Music w/ Kupuna Mele: 2nd         Floor         12:30        Lanai Time         1:30        Arts & Crafts: Q-Tip Lilac Painting         2:30        Who Is It? & Hangman         3:00        Chair Zumba & Hydration         5:00        BINGO         5:30        Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	Meatball Day       9         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Brain Games         10:00 ṁ Tissue Paper Art       12:30          12:30 ṁ Bubble Time & Garden Club in The Lanai Time       1:30 ṁ Man Your Station Hour         1:30 ṁ Charades & Name That Tune       3:00 ↔ Chair Zumba & Hydration         5:00 ݨ BINGO       5:30 ↔ Evening Cool Down Stretches         6:00 ݨ Evening Snack & Talk Story Time	Blueberry Popover Day 8:30 ↔ Ageless Fitness & Hydration 9:15 ☆ Current Events & Brain Games 10:00 <pre># Hot Chocolate &amp; Brain Games at The Bistro 12:30 <pre># Lanai Time 1:30 ☆ Best Friend Activity of The Week 2:00 <pre># Watercolors &amp; Puzzle Packs 3:00 <pre># Afternoon Exercises &amp; Hydration 5:00 <pre># BINGO 5:45 ↔ Evening Cool Down Stretches 6:00 <pre># Evening Snack &amp; Name That Sound</pre></pre></pre></pre></pre></pre>	Johnny Appleseed Day118:30 ↔ Ageless Fitness & Hydration119:15 ☆ Current Events & History of Johnny Appleseed10:00 ↔ Balloon Volleyball & Pictionary10:00 ↔ Balloon Volleyball & Pictionary12:30 谷 Lanai Time1:30 ⓒ Arts & Crafts: Newspaper Shark Art2:30 谷 Trivia or Name Five3:15 谷 BINGO
Plant A Flower Day       12         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Brain Games         9:15 ☆ Current Events & Brain Games         10:00 © Paper Collage Making         12:30          Lanai Time         1:30 ↔ Chair Zumba & Hydration         2:00        Educational Documentaries         3:00        BINGO	Jewel Day 8:30 ↔ Ageless Fitness & Hydration 9:15 ☆ Current Events & Brain Games 10:00 ♬ Hawaiian Music w/ Uncle Will: 2nd Floor 12:30 @ 3rd Flr. Van Ride: Haleiwa Town 1:00 ⓒ Tissue Paper Art 2:00 @ Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 營 BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 營 Evening Snack & Name That Sound	Learn About Butterflies Day 8:30 ↔ Ageless Fitness & Hydration 9:15 ☆ Current Events & Brain Games 10:00 ¥ Japanese Sing Along 12:30 ¥ Bubble Time & Garden Club in The Lanai 1:30 ☆ Arts & Crafts: Lucky Clover Garland Making 2:30 ∜ Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 ¥ BINGO 5:30 ↔ Evening Cool Down Stretches 6:00 ¥ Evening Snack & Talk Story Time	Kansas Day       15         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Brain Games         10:00        Plaza Sing Along: 2nd Floor         12:30        Lanai Time         2:00        Piano & Vocals by Roy Hamada: 2nd Floor         3:00 ↔ Chair Zumba & Hydration       5:00          5:30 ↔ Evening Cool Down Stretches       6:00          6:00        Evening Snack & Name That Sound	Panda Day       16         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Brain Games       160         9:15 ☆ Current Events & Brain Games       10:00 ❤ Bible Stories w/ Ms. Maureen       12:30        8       Bubble Time & Garden Club in The Lanai       17         12:30        ♥ Bubble Time & Garden Club in The Lanai       130        Man Your Station Hour         2:30        ♥ Charades & Name That Tune       3:00 ↔       Charades & Hydration         5:00        ♥ BINGO       5:30 ↔       Evening Cool Down Stretches         6:00        ♥ Evening Snack & Talk Story Time	Happy St. Patrick's Day         8:30 ↔ Ageless Fitness & Hydration         9:15 ☆ Current Events & Brain Games         10:00 ♬ Local Jamz w/ Dean Hirata:         2nd Floor         12:30        Lanai Time         1:30        Arts & Crafts: St. Patrick's Ornament         Making w/ Shamrock Shakes         2:30        Watercolors & Puzzle Packs         3:30        Afternoon Exercises & Hydration         5:00        BINGO         5:45 ↔ Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	Corn Dog Day       18         8:30 ↔ Ageless Fitness & Hydration       9:15 ❖ Current Events & Brain Games         9:15 ❖ Current Events & Brain Games         10:00 ↔ Hot Chocolate & Brain Games at The Bistro         12:30 肇 Lanai Time         1:30 ❖ Best Friend Activity of The Week         2:30 ❖ Trivia or Name Five         3:15 ❖ BINGO
Lets Laugh Day       19         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & YouTube's Funniest Pet Videos         9:15 ☆ Current Events & YouTube's Funniest Pet Videos         10:00 © Paper Collage Making         12:30 肇 Lanai Time         1:30 ↔ Chair Zumba & Hydration         2:00 ☆ Educational Documentaries         3:00 ឱ BINGO	Spring Begins         8:30 ↔ Ageless Fitness & Hydration       200         9:15 ☆ Current Events & Brain Games       10:00          10:00        Hali'a Mele Club in The Lanai         12:30        3rd Flr. Van Ride: Kaneohe         1:00        Tissue Paper Art         2:00        Charades & Name That! YoutTube Edition         3:00        Charades & Hydration         5:00        BINGO         5:30        Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	Fragrance Day       21         8:30 ↔ Ageless Fitness & Hydration       21         9:15 ☆ Current Events & Fun Facts About Fragrances       21         10:00 ♬ Soul Sounds w/ Wally Brown: 2nd Floor       12:30 肇 Bubble Time & Garden Club in The Lanai         1:30 ⓒ Arts & Crafts: Edible Art w/ Fruit & Nutella       2:30 肇 Who Is It? & Hangman         3:00 ↔ Chair Zumba & Hydration       5:00 肇 BINGO         5:30 ↔ Evening Cool Down Stretches       6:00 肇 Evening Snack & Talk Story Time	Goof Off Day       222         8:30 ↔ Ageless Fitness & Hydration       215         9:15        Current Events & Fun Ways to Goof Off         10:00        Musical Performance by Hank The Singing Dutchman: 2nd Floor         12:30        Lanai Time         1:30        Fun Film & Popcorn         3:00        Chair Zumba & Hydration         5:00        BINGO         5:30        Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	Puppy Day       23         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Cutest       23         9:15 ☆ Current Events & Cutest       Pictures of Puppies       30         10:00 ♬ Bon Dancersizing w/ Wahiawa Hongwanji:       2nd Floor       312:30 肇 Bubble Time & Garden Club in The Lanai         11:30 ⓒ Man Your Station Hour       2:30 肇 Charades & Name That Tune       3:00 ↔ Charades & Name That Tune         3:00 ↔ Charades & Name That Tune       3:00 ↔ Charades & Name That Story Time         6:00 肇 Evening Cool Down Stretches       6:00 肇 Evening Snack & Talk Story Time	Cocktail Day       24         8:30 ↔ Ageless Fitness & Hydration       9:15 ☆ Current Events & Brain Games       24         10:00        Hot Chocolate & Brain Games       3       3         12:30        Lanai Time       1:30 ☆ Best Friend Activity of The Week       2:00        2:00          12:30        Best Friend Activity of The Week       2:00        2:00        2:00        2:00          1:30        Afternoon Exercises & Hydration       5:00        2:00        2:00        2:00          2:00        BINGO       5:45 ↔ Evening Cool Down Stretches       6:00        2:00        2:00	Medal of Honor Day       25         8:30       ↔ Ageless Fitness & Hydration       25         9:15        ☆ Current Events & List of Medal of Honor Recipients       10:00 ↔ Balloon Volleyball & Pictionary         10:00        ↔ Balloon Volleyball & Pictionary       12:30        ⇒ Lanai Time         1:30        △ Arts & Crafts: Black Glue Sun Art       2:30        ☆ Trivia or Name Five         3:15        ☆ BINGO       >>>>>>>>>>>>>>>>>>>>>>>>>>>>>>
Spinach Day268:30 ↔ Ageless Fitness & Hydration269:15 ◊ Current Events & Health Benefits from Spinach10:00 ◊ Paper Collage Making10:00 ◊ Paper Collage Making12:30 Current Events & Hydration1:30 ↔ Chair Zumba & Hydration2:00 ◊ Educational Documentaries3:00 ♥ BINGO	Joe Day       27         8:30 ↔ Ageless Fitness & Hydration       9:15 ♦ Current Events & Brain Games       21         10:00 ♥ Hali'a Mele Club in The Lanai       12:30 ♀ 3rd Fir. Van Ride: Old Waipahu & Ewa       1:00 ♥ Tissue Paper Art         1:00 ♥ Charades & Name That! YoutTube Edition       3:00 ↔ Chair Zumba & Hydration         5:00 ♥ BINGO       5:30 ↔ Evening Cool Down Stretches         6:00 ♥ Evening Snack & Name That Sound	Something On A Stick Day       28         8:30 ↔ Ageless Fitness & Hydration       9:15 ♦ Current Events & Brain Games       28         10:00 ♥ Japanese Sing Along       12:30 ♥ Bubble Time & Garden Club in The Lanai       1:30 ♠ Arts & Crafts: Paper Plate Dinosaur Making         2:30 ♥ Who Is It? & Hangman       3:00 ↔ Chair Zumba & Hydration         5:00 ♥ BINGO       5:30 ↔ Evening Cool Down Stretches         6:00 ♥ Evening Snack & Talk Story Time	Nevada Day       29         8:30 ↔ Ageless Fitness & Hydration       9:15          9:15        Current Events & 10 Fun Facts About The State of Nevada         10:00        Plaza Sing Along: 2nd Floor         12:30        Lanai Time         1:30        Fun Film & Popcorn         3:00        Chair Zumba & Hydration         5:00        BINGO         5:30        Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	Virtual Vacation Day         8:30 ↔ Ageless Fitness & Hydration         9:15 ☆ Current Events & Best Places to Vacation in The World         10:00 ۞ Tissue Paper Art         12:30        Bubble Time & Garden Club in The Lanai Time         1:30 ۞ Man Your Station Hour         2:30        Charades & Name That Tune         3:00 ↔ Charades & Name That Tune         3:00 ↔ Charades & Name That Tune         5:00        BINGO         5:30 ↔ Evening Cool Down Stretches         6:00        Evening Snack & Talk Story Time	Crayon Day         8:30 ↔ Ageless Fitness & Hydration         9:15 ☆ Current Events & Brain Games         10:00 J Musical Performance by The Olaloa Jammers: 2nd Floor         12:30        Lanai Time         1:30 ☆ Best Friend Activity of The Week         2:00        Watercolors & Puzzle Packs         3:00        Afternoon Exercises & Hydration         5:00        BINGO         5:45 ↔ Evening Cool Down Stretches         6:00        Evening Snack & Name That Sound	