

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Say Something Nice Day 1 9:30 🌟 Seated Strength Circuits & Hydration 10:00 🦋 News, Views, & Tips on Being Nice 10:15 🌟 BINGO 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration	Rocky Road Day 2 9:30 ↔ Seated Strength (A) & Hydration 9:45 🚌 Lamaku Van Ride: Old Waipahu / Kunia 10:00 🌟 News & Views 10:30 🌟 Hangman & Trivia 10:45 🦋 Wiki Wiki Snack: Mini Rocky Road Ice Cream 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🦋 Word Search Puzzles & Color Therapy	Egg Day 3 9:30 🌟 Seated Strength (B) & Hydration 10:00 🦋 News, Views, & Wackiest Things Made w/ Eggs 10:30 🦋 Japanese Sing Along 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Slippah Design Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🦋 BINGO	Old Maid Day 4 9:45 🌟 News, Views, & History of Old Maid 10:00 🦋 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🦋 BINGO 2:15 ↔ Drum-A-Sizing 3:00 📺 Fun Film & Popcorn	Ketchup Day 5 9:30 🌟 Seated Strength Circuit & Hydration 10:00 🌟 News, Views, & 10 Facts About Ketchup 10:30 🦋 Beading & Origami Making 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 📺 Watercolors & Oldie Tunes	Drive-In Movie Day 6 9:30 🌟 Seated Strength (A) & Hydration 10:00 🌟 News, Views, & History of The Drive-In Movie 10:30 🦋 BINGO 1:00 🦋 Lanai Time & Hawaiian Tunes 1:45 🌟 Hangman & Pictionary 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:15 🦋 Word Search Puzzles & Color Therapy	Oklahoma Day 7 9:50 🌟 News, Views, & Fun Facts About Oklahoma 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 1:00 ↔ Garden Club in The Lanai 1:30 🦋 Arts & Crafts: Sun Flower Fork Painting 3:00 ↔ Ageless Fitness & Hydration
Best Friends Day 8 9:30 🌟 Seated Strength Circuits & Hydration 10:00 🦋 News & Views 10:15 🌟 BINGO 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration	Donald Duck Day 9 9:30 ↔ Seated Strength (A) & Hydration 9:45 🚌 Lamaku Van Ride: Kaka'ako 10:00 🌟 News, Views, & Fun Facts About Donald Duck 10:30 🌟 Hangman & Trivia 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🦋 Word Search Puzzles & Color Therapy	Black Cow Day 10 9:30 🌟 Seated Strength (B) & Hydration 10:00 🦋 News & Views 10:30 🦋 Japanese Sing Along 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: 3D Pineapple Art 2:00 🦋 Wiki Wiki Snack: Mini Root Beer Floats 2:30 ↔ Ageless Fitness & Hydration 3:00 🦋 BINGO	Corn on The Cob Day 11 9:45 🌟 News & Views 10:00 🦋 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🦋 BINGO 2:15 ↔ Drum-A-Sizing 3:00 📺 Fun Film & Popcorn	Peanut Butter Cookie Day 12 9:50 🌟 News & Views 10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:00 🦋 Wiki Wiki Snack: Peanut Butter Cookies 3:15 📺 Watercolors & Oldie Tunes	Sewing Machine Day 13 9:30 🌟 Seated Strength (A) & Hydration 10:00 🌟 News, Views, & Who Invented the Sewing Machine 10:30 🦋 Beautiful You 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🦋 Word Search Puzzles & Color Therapy	Flag Day 14 9:30 🌟 Seated Strength (B) & Hydration 10:00 🌟 News & Views 10:30 🦋 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 1:30 🦋 Arts & Crafts: Paper Plate Watermelon Fan Making 3:00 ↔ Ageless Fitness & Hydration
Happy Father's Day 15 9:50 🌟 News & Views 10:00 🎵 Father's Day Performance by Nicolas: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration	Fudge Day 16 9:30 ↔ Seated Strength (A) & Hydration 9:45 🚌 Lamaku Van Ride: Kapolei 10:00 🌟 News & Views 10:30 🌟 Hangman & Trivia 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🦋 Word Search Puzzles & Color Therapy	Apple Strudel Day 17 9:50 🌟 News & Views 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Playing Dolphin Painting 2:00 🦋 Wiki Wiki Snack: Mini Apple Strudels 2:30 ↔ Ageless Fitness & Hydration 3:00 🦋 BINGO	Vacation Get Away Day 18 9:45 🌟 News, Views, & Best Places for Vacation Getaways 10:00 🦋 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🦋 BINGO 2:15 ↔ Drum-A-Sizing 3:00 📺 Fun Film & Popcorn	Watch Day 19 9:30 🌟 Seated Strength Circuit & Hydration 10:00 🌟 News, Views, & Most Expensive Watches in The World 10:30 🦋 Beading & Origami Making 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 📺 Watercolors & Oldie Tunes	Ice Cream Soda Day 20 9:30 🌟 Seated Strength (A) & Hydration 10:00 🌟 News, Views, & Most Popular Ice Cream Sodas 10:30 🌟 Hangman & Pictionary 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🦋 Word Search Puzzles & Color Therapy	Arizona Day 21 9:50 🌟 News, Views, & Fun Facts About Arizona 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 1:00 ↔ Garden Club in The Lanai 1:30 🦋 Arts & Crafts: Popsicle Stick Cactus Making 3:00 ↔ Ageless Fitness & Hydration
Onion Ring Day 22 9:30 🌟 Seated Strength Circuits & Hydration 10:00 🦋 News & Views 10:15 🌟 BINGO 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film 2:00 🦋 Wiki Wiki Snack: Onion Ring Chips 3:00 ↔ Ageless Fitness & Hydration	Wear Pink Day 23 9:45 🚌 Lamaku Van Ride: Waialua 9:50 🌟 News & Views 10:00 🎵 Performance by Team of Angels: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🦋 Word Search Puzzles & Color Therapy	Patch Day 24 9:50 🌟 News & Views 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Arts & Crafts: Celery Stick Fish Printing 2:30 ↔ Ageless Fitness & Hydration 3:00 🦋 BINGO	Leon Day 25 9:45 🌟 News, Views, & What is Leon? 10:00 🦋 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🦋 BINGO 2:15 ↔ Drum-A-Sizing 3:00 📺 Fun Film & Popcorn	Coconut Day 26 9:50 🌟 News, Views, Fun Facts About Coconuts 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 📺 Watercolors & Oldie Tunes	Sunglasses Day 27 9:30 🌟 Seated Strength (A) & Hydration 10:00 🌟 News, Views, & Wacky Sunglass Designs 10:30 🌟 Hangman & Pictionary 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🦋 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🦋 Word Search Puzzles & Color Therapy	Paul Bunyan Day 28 9:30 🌟 Seated Strength (B) & Hydration 10:00 🌟 News, Views, & Who Is Paul Bunyan? 10:30 🦋 BINGO 1:00 ↔ Garden Club in The Lanai 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 ↔ Ageless Fitness & Hydration
Camera Day 29 9:30 🌟 Seated Strength Circuits & Hydration 10:00 🦋 News & Views 10:15 🌟 BINGO 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 📺 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration	Social Media Day 30 9:30 ↔ Seated Strength (A) & Hydration 9:45 🚌 Lamaku Van Ride: Pearl City / Waimalu 10:00 🌟 News & Views 10:30 🌟 Hangman & Trivia 1:00 🦋 Lanai Time & Hawaiian Tunes 1:30 🌟 BINGO 2:15 ↔ Drum-A-Sizing 3:30 🦋 Word Search Puzzles & Color Therapy	THE PLAZA at Mililani 📷 Creative 🎵 Entertainment 🚌 Excursion 💡 Intellectual 🔗 Physical 🌿 Plaza Life 👥 Social				