








Sunday Monday Tuesday Wednesday Thursday Friday Saturday



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

-  Creative
-  Entertainment
-  Excursion
-  Intellectual
-  Physical
-  Social
-  Spiritual

<p>Moonshine Day 5</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of Moonshine</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Drive-In Movie Day 6</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of The Kamehameha Drive-In Theatre</p> <p>10:00 🎵 Hawaiian Musical Performance w/ Kupuna Mele</p> <p>12:30 🚗 3rd Flr. Van Ride: Mokuleia</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Chocolate Ice Cream Day 7</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Japanese Sing Along w/ Chocolate Ice Cream</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>2:30 ⚡ Fun Film</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Nail Polish Day 1</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film & Beautiful You</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Rocky Road Day 2</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 ⚡ Bible Stories w/ Ms. Maureen</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Man Your Station Hour w/ Rocky Road Ice Cream</p> <p>2:30 🌺 Charades & Name That Tune</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Egg Day 3</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Ways to Eat Eggs</p> <p>10:00 🎵 Hawaiian Music w/ Uncle Will: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ⚡ Best Friend Activity of The Week</p> <p>2:00 🌺 BINGO</p> <p>3:00 🌺 Afternoon Exercises & Hydration</p>	<p>Hug Your Cat Day 4</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & YouTube's Loveable Cat Moments</p> <p>10:00 🎵 Zumba with Annette: 2nd Flr.</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Galaxy Wreath Making</p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>
<p>Red Rose Day 12</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Fun Facts About Roses</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Sewing Day 13</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of The Sewing Machine</p> <p>10:00 🌺 Hal'i'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Moanalua Valley</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Strawberry Shortcake Day 14</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Strawberry Shortcake Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Photography Day 15</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Hank "The Singing Dutchman" Aarts Performance: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 Fun Film & Popcorn</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Donald Duck Day 9</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Arts & Crafts: Tsum Tsum Donald & Daisy Duck Making</p> <p>2:30 🌺 Charades & Name That Tune</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Iced Tea Day 10</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>12:30 🌺 Lanai Time w/ Iced Tea</p> <p>1:30 ⚡ Best Friend Activity of The Week</p> <p>2:00 🌺 BINGO</p> <p>3:00 🌺 Afternoon Exercises & Hydration</p>	<p>Corn On The Cob Day 11</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Best Ways to Eat Corn on The Cob</p> <p>10:00 🌺 Balloon Volleyball & Pictionary</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Laced Pineapple Making</p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>
<p>Father's Day 19</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Ice Cream Soda Day 20</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Hal'i'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Honolulu</p> <p>1:00 📷 Tissue Paper Art w/ Ice Cream Sodas</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Seashell Day 21</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Most Beautiful Seashells Around The World</p> <p>10:00 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Seashell Pop-up Paper Craft</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Chocolate Eclair Day 22</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of The Chocolate Eclair</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 Fun Film & Popcorn</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Fudge Day 16</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Man Your Station Hour w/ Fudge</p> <p>2:30 🌺 Charades & Name That Tune</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Wear Blue Day 17</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ⚡ Best Friend Activity of The Week</p> <p>2:00 🌺 BINGO</p> <p>3:00 🌺 Afternoon Exercises & Hydration</p>	<p>Go Fishing Day 18</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 ↔ Balloon Volleyball & Pictionary</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: 3D Fish Making</p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>
<p>Beautician's Day 26</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Onion Day 27</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Ways to Eat Onions</p> <p>10:00 🌺 Hal'i'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Aiea / Newtown</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Alaska Day 28</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & 10 Fun Facts About Alaska</p> <p>10:00 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Coffee Filter Tie Dye Butterfly Craft</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Parchment Day 29</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of Kitchen Parchment</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 Fun Film & Popcorn</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Hydration Day 23</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Best Tips to Stay Hydrated</p> <p>10:00 🎵 Bon Dancersizing w/ Wahiwaga Hongwanji: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Man Your Station Hour</p> <p>2:30 🌺 Charades & Name That Tune</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Pralines Day 24</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ⚡ Best Friend Activity of The Week</p> <p>2:00 🌺 BINGO w/ Praline Pecans</p> <p>3:00 🌺 Afternoon Exercises & Hydration</p>	<p>Strawberry Parfait Day 25</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of The Strawberry Parfait</p> <p>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Watercolors & Hawaiian Tunes</p> <p>2:30 ⚡ Trivia or Name Five</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>
<p>Bomb Pop Day 30</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Tissue Paper Art</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Man Your Station Hour</p> <p>2:30 🌺 Charades & Name That Tune</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>	<p>Onion Day 27</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Ways to Eat Onions</p> <p>10:00 🌺 Hal'i'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Aiea / Newtown</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:45 ↔ Evening Cool Down Stretches</p> <p>6:00 🌺 Evening Snack & Name That Sound</p>					