

| 4th Floor Calendar Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
| THE PLAZA  — at Mililani —   |   | Postal Worker Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength (B) & Hydration 9:15 News & Views: History of the U.S. Post Office 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner  | 7:30 Resident Breakfast 8:50 ♣ Ageless Fitness & Hydration 9:15 ❖ News & Views 10:00 ♣ Plaza Sing Along: 2nd Floor 11:30 Resident Lunch 1:00 ♣ Spot It! & Trivia 1:30 ♣ Movies, Color Therapy, & Popcorn 3:00 ← Drum-A-Sizing 4:30 Resident Dinner  | Chocolate Wafer Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength Circuits & Hydration 9:15 News & Views 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Just Craftin: 4th of July Wreath Making 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner  | Fourth of July 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 News & Views 10:00 Morning Surprise: 4th of July Piano Performance by Nicholas - 2nd Floor 11:30 Resident Lunch 1:00 Nate BINGO 2:00 Nate BINGO 2:00 Drum-A-Sizing 4:30 Resident Dinner   | Hawaii Day 7:30 Resident Breakfast 8:50 ★ Seated Strength (B) & Hydration 9:15 ❖ News & Views: Fun Facts about Hawaii   |
| Sushi Day  7:30 Resident Breakfast  8:50 Seated Strength Circuits & Hydration  9:15 News & Views: Wackiest Sushi Dishes  0:00 Lanai Time & Hawaiian Tunes  1:30 Resident Lunch  1:00 Balloon Volleyball  1:30 Fun Film & Bananagrams  3:00 BINGO  3:30 Ageless Fitness & Hydration  Resident Dinner  | Koi Day  7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration  9:15 ★ News & Views: Fun facts about Koi 9:30 ♠ Van Ride: Ala Moana Beach Park  10:00 ♣ Dice BINGO  10:30 ♣ Game Show Hour: The Price is Right  11:30 ♠ Watercolors & Puzzle Packs  2:00 ♣ Ageless Fitness & Hydration  2:30 ♣ Name 5 & Charades  3:00 ♣ BINGO  4:30 Resident Dinner             | Freezer Pop Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:45 Seated Strength (B) & Hydration 9:15 ∜ News & Views: Summer Traditions 9:30 Lanai Time & Hawaiian Tunes 10:30 Resident Council Meeting 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Ú Just Craftin: Popsicle Stick Tissue Craft 2:15 Wiki Wiki Snack: Freezer Pops 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner | Sugar Cookie Day  7:30 Resident Breakfast 8:50 Ageless Fitness & Hydration 9:15 News & Views: Wackiest Cookies Around The World 10:00 Morning Surprise: Hula by Na Wahine O Ka Hula - 2nd Floor Resident Lunch 1:00 Spot It! & Trivia 1:30 Movies & Color Therapy 2:15 Wiki Wiki Snack: Sugar Cookies 3:00 Drum-A-Sizing 4:30 Resident Dinner   | Kitten Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:45 Seated Strength Circuits & Hydration 9:15 ❖ News & Views: Funny things about Kittens 10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 11:30 Resident Lunch 1:00 Mary Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Ageless Fitness & Hydration 3:00 BINGO Resident Dinner | 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 News & Views: Who invented French Fries 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Resident Lunch 1:00 Watercolors & Word Search Puzzles 3:00 Drum-A-Sizing 4:30 Resident Dinner  | Jell-0 Day 7:30 Resident Breakfast 8:50 ★ Seated Strength (B) & Hydration 9:15 ★ News & Views: Wackiest Jell-0 Creations 10:00 巻 Lanai Time & Hawaiian Tunes 11:30  |
| 7:30 Resident Breakfast 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: 10 Facts about Delaware 0:00 Lanai Time & Hawaiian Tunes 1:30 Resident Lunch 1:00 Balloon Volleyball 1:30 Fun Film & Bananagrams 3:00 BINGO 3:30 Ageless Fitness & Hydration 4:30 Resident Dinner   | Mac N Cheese Day  7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration 9:15 ❖ News & Views: Wacky Mac N Chees Creations 9:30 ② Van Ride: Ewa Beach 10:00 ॐ Dice BINGO 10:30 ॐ Game Show Hour: The Price is Right Resident Lunch 1:00 ₺ Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 ॐ Name 5 & Charades 3:00 ॐ BINGO 4:30 Resident Dinner | Horses Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength (B) & Hydration 9:15 News & Views: Fun facts about Horses 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Just Craftin: Cactus Silhouette Ripped Paper Art 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner   | Chef Day  7:30 Resident Breakfast 8:50 Ageless Fitness & Hydration  9:15 News & Views: Learning about Hawaii's popular Chefs  10:00 Morning Surprise: Souls Sounds w/Wally Brown - 2nd Floor  11:30 Resident Lunch  1:00 Novies, Color Therapy, & Popcorn  3:00 Drum-A-Sizing  4:30 Resident Dinner   | Emoji Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: What are Emojis? 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Scheduled Medical Transportation 1:30 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner  | Tropical Fruit Day 7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration 9:15 ❖ News & Views: Tropical Fruits we Never Heard Of 10:00 巻 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 巻 Dice BINGO 2:00 ❖ Watercolors & Word Search Puzzles 3:00 ← Drum-A-Sizing 4:30 Resident Dinner   | Play Day  7:30 Resident Breakfast 8:50 Seated Strength (B) & Hydration  9:15 News & Views: Remembering ways of Playing  10:00 Lanai Time & Hawaiian Tunes  11:30 Resident Lunch  1:00 Charades & Name That Tune  1:15 Afternoon Stretch & Hydration  2:00 Afternoon Surprise: Local Jamz w/ Dean Hirata - 2nd Flr.  3:00 BINGO  Resident Dinner                               |
| Moon Day 7:30 Resident Breakfast 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: 10 Facts about the Moon 0:00 Lanai Time & Hawaiian Tunes 1:30 Resident Lunch 1:30 Fun Film & Bananagrams 3:00 BINGO 3:30 → Ageless Fitness & Hydration Resident Dinner   | Junk Food Day  7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration  9:15 ★ News & Views: Craziest junk foods in the World  10:00   | Mango Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength (B) & Hydration 9:15 News & Views: 10:00 Morning Surprise: Singing & Dancing by The Chibariyo Performers - 2nd Floor 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Usst Craftin: Wacky N Wily Mr. Avocado Bookmarker Making 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner                               | Gorgeous Grandma Day 7:30 Resident Breakfast 8:50 Ageless Fitness & Hydration 9:15 News & Views: 10:00 Norning Surprise: Mele with Our Friends - 2nd Floor 10:00 Plaza Sing Along: 2nd Floor 10:00 Plaza Sing Along: 2nd Floor 11:30 Resident Lunch 1:00 Novies, Color Therapy, & Popcorn 3:00 Drum-A-Sizing 4:30 Resident Dinner   | Drive Thru Day  7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: History of the Drive Thru 10:00 Morning Surprise: Bon Dancersizing w/ Wahiawa Hongwanji - 2nd Floor 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Hot Chocolate & Hydration 3:00 BINGO 4:30 Resident Dinner      | Merry-Go-Round Day 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 News & Views: Who invented the Merry-Go-Round 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Neesident Lunch 1:00 Resident Dinner | Cowboy Day  7:30 Resident Breakfast 8:45 Seated Strength (B) & Hydration  9:15 News & Views: Fun facts about Hawaii's Paniolo's  10:00 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor  11:30 Resident Lunch  1:00 Charades & Name That Tune  2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor  3:00 BINGO  4:30 Resident Dinner |
| New Jersey Day 7:30 Resident Breakfast 8:50 ≱ Seated Strength Circuits & Hydration 9:15 ❖ News & Views: 10 Facts about New Jerse 0:00 ♣ Lanai Time & Hawaiian Tunes 1:30 Resident Lunch 1:00 ➡ Balloon Volleyball 2:00 ♬ Afternoon Surprise: Local Jamz w/ Dean Hirata - 2nd Flr. 3:00 ♣ BINGO 3:30 ➡ Ageless Fitness & Hydration 4:30 Resident Dinner | 7:30 Resident Breakfast 8:50 ≱ Seated Strength (A) & Hydration 9:15 ❖ News & Views:   | Chicken Wing Day 7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength (B) & Hydration 9:15 ∜ News & Views: Best Chicken Spots in Hawaii 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Just Craftin: Ground Hog Fork Painting 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner  | 7:30 Resident Breakfast 8:50 Ageless Fitness & Hydration 9:15 News & Views: History of Cheesecakes 10:00 Morning Surprise: Birthday Bash & Mele w/ Our Friends - 2nd Floor 11:30 News & Views: History of Cheesecakes 10:00 Norning Surprise: Birthday Bash & Mele w/ Our Friends - 2nd Floor 11:30 Norning Surprise: Birthday Bash & Mele w/ Our Friends - 2nd Floor 11:30 Norning Spot It! & Trivia 1:30 Novies, Color Therapy, & Plaza Buck Shopping 3:00 → Drum-A-Sizing 4:30 Resident Dinner | Dog Day 7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: 10 Fun Facts About Dogs 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner  | Creative  ☐ Entertainment ☐ Excursion ☐ Intellectual ☐ Physical ☐ Plaza Life ☐ Social  |   |