


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Creative Ice Cream Day 1 8:45 ↔ Chair Zumba & Hydration 9:15 🌟 Current Events & Wackiest Ice Cream Creations Around the World 9:30 🚌 Van Ride: Makakilo 10:30 🎮 Game Show Hour: The Price is Right 1:00 🖼️ Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎭 Name 5 & Charades 3:00 🎮 BINGO	Wildland Firefighter Day 2 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Facts About Wildfires 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Hangman & Pictionary 1:30 🖼️ Arts & Crafts: 4th of July Wreath Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Compliment Your Mirror Day 3 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Compliment Your Mirror 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🎭 Movies, Color Therapy, & Popcorn 3:00 ↔ Drum-A-Sizing	Happy 4th of July 4 8:45 ↔ Ageless Fitness & Hydration 10:00 🎵 4th of July Performance Na Leo Nahenahe O Na Kupuna: 2nd Floor 1:00 🎭 Hangman & Pictionary 1:30 🎭 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Hawaii Day 5 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Fun Facts About Hawaii 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎮 Dice BINGO 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 ↔ Drum-A-Sizing	Hand Roll Day 6 8:45 ↔ Ageless Fitness & Hydration 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🖼️ Arts & Crafts: Paper Bag Horse Puppet Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	
	Strawberry Sundae Day 7 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Balloon Volleyball 1:30 🎭 Fun Film w/ Mini Strawberry Sundaes 3:00 🎮 BINGO 3:30 ↔ Chair Zumba & Hydration	Freezer Pop Day 8 8:45 ↔ Chair Zumba & Hydration 9:15 🌟 Current Events 9:30 🚌 Van Ride: Mokuleia 10:30 🎮 Game Show Hour: The Price is Right 1:00 🖼️ Watercolors & Freezer Pops 2:00 ↔ Ageless Fitness & Hydration 2:30 🎭 Name 5 & Charades 3:00 🎮 BINGO	Dimples Day 9 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎭 Hangman & Trivia 10:30 🎭 Resident Council Meeting 1:00 🎭 Hot Chocolate & Brain Games at The Bistro 1:30 🖼️ Arts & Crafts: Avacado Book Marker Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Kitten Day 10 8:45 ↔ Ageless Fitness & Hydration 10:00 🎵 Hula by Na Wahine O Ka Hula: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🎭 Movies, Color Therapy, & Popcorn 3:00 ↔ Drum-A-Sizing	Mojito Day 11 8:45 ↔ Ageless Fitness & Hydration 10:00 🎵 Performance by Mellow Friends: 2nd Floor 1:00 🎭 Hangman & Pictionary 1:30 🎭 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Paper Bag Day 12 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Paper Bags 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎮 Dice BINGO 2:00 🖼️ Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing	Barbershop Music Day 13 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Barbershop Music 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Spot It! & Bananagrams 1:30 🖼️ Arts & Crafts: Peacock Fork Painting 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO
	Tape Measure Day 14 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Who Invented the Tape Measure 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Balloon Volleyball 1:30 🎭 Fun Film & Bananagrams 3:00 🎮 BINGO 3:30 ↔ Chair Zumba & Hydration	Give Something Away Day 15 8:30 ↔ Chair Zumba & Hydration 9:30 🚌 Van Ride: Pearl City 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 1:00 🖼️ Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎭 Name 5 & Charades 3:00 🎮 BINGO	Personal Chef Day 16 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Personal Chefs 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Hangman & Pictionary 1:30 🖼️ Arts & Crafts: Mini Cup Turtle Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Emoji Day 17 8:45 ↔ Ageless Fitness & Hydration 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 ↔ Afternoon Stretch & Hydration 1:15 🌟 YouTubes Guess That Animal 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Drum-A-Sizing	Know Your Customer Day 18 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Afternoon Stretch & Hydration 1:15 🌟 Charades & Name 5 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 🎮 BINGO	Words w/ Friends Day 19 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Connect w/ Friends 10:00 🦋 Bible Stories w/ Ms. Maureen: 5th Floor 1:00 🎮 Dice BINGO 2:00 🖼️ Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing	Fortune Cookie Day 20 8:45 ↔ Ageless Fitness & Hydration 10:00 🎵 Hawaiian Music w/ Chester & Henry: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🖼️ Arts & Crafts: Neon Kangaroo Q-tip Painting 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO
	Be Someone Day 21 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways for Self Improvement 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Balloon Volleyball 1:30 🎭 Fun Film & Bananagrams 3:00 🎮 BINGO 3:30 ↔ Chair Zumba & Hydration	Hammock Day 22 8:45 ↔ Chair Zumba & Hydration 9:15 🌟 Current Events & Wackiest Ways to use a Hammock 9:30 🚌 Van Ride: Kapolei 10:30 🎮 Game Show Hour: The Price is Right 1:00 🖼️ Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎭 Name 5 & Charades 3:00 🎮 BINGO	Gorgeous Grandpa Day 23 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Hangman & Pictionary 1:30 🖼️ Arts & Crafts: Popsicle Stick Tissue Art 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Cousins Day 24 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🎭 Movies, Color Therapy, & Popcorn 3:00 ↔ Drum-A-Sizing	Refreshment Day 25 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Hangman & Pictionary 1:30 ↔ Chair Zumba & Hydration 2:00 🎭 Crafts & Dancing w/ Ladies of Aloha 3:00 🎮 BINGO	Get Gnarly Day 26 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Best Ways to Get Gnarly 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎮 Dice BINGO 2:00 🖼️ Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing	Cowboy Day 27 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Paniolo 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Afternoon Stretch & Hydration 1:15 🌟 YouTubes Guess That! 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 🎮 BINGO
	Milk Chocolate Day 28 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 ↔ Balloon Volleyball 1:30 🎭 Fun Film & Milk Chocolate Pretzels 3:00 🎮 BINGO 3:30 ↔ Chair Zumba & Hydration	Chicken Wing Day 29 8:45 ↔ Chair Zumba & Hydration 9:15 🌟 Current Events 9:30 🚌 Van Ride: Ala Moana Beach Park 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 1:00 🖼️ Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎭 Name 5 & Charades 3:00 🎮 BINGO	Hiking Day 30 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places to Hike in Hawaii 10:00 🎵 Lanai Time & Hawaiian Tunes 1:00 🎭 Hangman & Pictionary 1:30 🖼️ Arts & Crafts: Jelly Fish Suncatcher Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎮 BINGO	Mutt Day 31 8:45 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Funniest Dog Pictures 10:00 🎵 Plaza Sing Along: 2nd Floor 1:00 🎭 Spot It! & Bananagrams 1:30 🎭 Fun Film & Plaza Buck Shopping 3:00 ↔ Drum-A-Sizing	