





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Creative Ice Cream Day 1 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Ice Cream Creations Around the World 9:30 🎨 Watercolors & Oldie Tunes 10:00 🚗 Halī'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Makakilo 1:00 📄 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Wildland Firefighter Day 2 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Facts About Wildfires 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: 4th of July Wreath Making 2:30 🎮 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Compliment Your Mirror Day 3 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Compliment Your Mirror 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Happy 4th of July 4 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 4th of July Performance Na Leo Nahenahe O Na Kupuna: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Hawaii Day 5 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Fun Facts About Hawaii 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 3:30 🎮 Charades & Name That Tune 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Hand Roll Day 6 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Craziest Sushi Creations 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: Paper Bag Horse Puppet Making 2:30 🎮 Trivia or Name Five 3:15 🎮 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🎮 Name 5 & Charades
Strawberry Sundae Day 7 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📄 Paper Collage Making 12:15 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries w/ Mini Strawberry Sundaes 3:00 🎮 BINGO	Freezer Pop Day 8 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🎨 Watercolors & Oldie Tunes 10:00 🚗 Halī'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Mokuleia 1:00 📄 Tissue Paper Art 2:00 🚗 Charades & Freezer Pops 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Dimples Day 9 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Avacado Book Marker Making 2:30 🎮 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Kitten Day 10 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & YouTube's Funniest & Cutest Kitten Videos 10:00 🎵 Hula by Na Wahine O Ka Hula: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Mojito Day 11 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & What Is a Mojito? 10:00 🎵 Performance by Mellow Friends: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Paper Bag Day 12 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Paper Bags 10:00 📖 Bible Stories w/ Ms. Maureen 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🎮 Charades & Name That Tune 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Barbershop Music Day 13 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Barbershop Music 10:00 ↔ Balloon Volleyball 10:30 🎮 Pictionary & Hangman 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: Peacock Fork Painting 2:30 🎮 Trivia or Name Five 3:15 🎮 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🎮 Name 5 & Charades
Tape Measure Day 14 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Who Invented the Tape Measure 10:00 📄 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Give Something Away Day 15 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events 9:30 🎮 Name 5 & Trivia 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Pearl City 1:00 📄 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Personal Chef Day 16 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Personal Chefs 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Mini Cup Turtle Making 2:30 🎮 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Emoji Day 17 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Funniest Emoji Pictures 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Know Your Customer Day 18 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 📄 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Words w/ Friends Day 19 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Connect w/ Friends 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🎮 Charades & Name That Tune 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Fortune Cookie Day 20 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Funniest Fortunes Told 10:00 🎵 Hawaiian Music w/ Chester & Henry: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: Neon Kangaroo Q-tip Painting 2:30 🎮 Trivia or Name Five 3:15 🎮 BINGO
Be Someone Day 21 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways for Self Improvement 10:00 📄 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Hammock Day 22 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Ways to use a Hammock 9:30 🎨 Watercolors & Oldie Tunes 10:00 🚗 Halī'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kapolei 1:00 📄 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Gorgeous Grandpa Day 23 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Popsicle Stick Tissue Art 2:30 🎮 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cousins Day 24 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Refreshment Day 25 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 📄 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune w/ A Surprise Refreshment 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Get Gnarly Day 26 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Best Ways to Get Gnarly 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 ↔ Chair Zumba & Hydration 3:30 🎮 Charades & Name That Tune 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cowboy Day 27 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Cowboy 10:00 ↔ Balloon Volleyball 10:30 🎮 Pictionary & Hangman 12:30 🎮 Lanai Time 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:15 🎮 BINGO 5:00 ↔ Evening Cool Down Stretches 5:30 🎮 Name 5 & Charades
Milk Chocolate Day 28 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 📄 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries & Milk Chocolate Pretzels 3:00 🎮 BINGO	Chicken Wing Day 29 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🎮 Name 5 & Trivia 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Ala Moana Beach Park 1:00 📄 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Hiking Day 30 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places to Hike in Hawaii 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Jelly Fish Suncatcher Making 2:30 🎮 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Mutt Day 31 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Funniest Dog Pictures 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>		<ul style="list-style-type: none">  Creative  Entertainment  Excursion  Intellectual  Physical  Social  Spiritual