

January 2026
Hali'a Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</div>		<div><ul style="list-style-type: none">Arts / CraftsEducational ClassesExercise / Physical ActivityField Trip / Medical AppointmentsGamesGardening / Outdoor VisitHydration ProgramMeditation / MindfulnessMovies / DocumentariesMusic / Special EntertainmentPlaza Life FitnessReligious / Spiritual Programs</div>	<div></div>	<div><p>New Years Day 1</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Fun Facts about New Year's Day 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎲 Morning Surprise: Mega Toss Games 12:30 🌟 Sing Along on The Lanai 1:15 🎨 Watercolors & Word Search Puzzles 2:00 🎭 Recreating the Classroom Experience: History New Year's in The U.S. 2:30 🎲 Games & Things To Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Buffet Day 2</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Buffets in America 9:30 🌟 Hydration & Bathroom Break 10:00 📖 Bible Stories w/ Ms. Maureen 12:30 🌟 Lanai Time 1:45 🧠 Q-Tip Art & Puzzle Packs 2:00 🎭 Recreating the Classroom Experience: Food Trivia 2:45 📖 Journaling: Writing and/or Drawing Your Day 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Chocolate Covered Day 3</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Chocolate Covered Items 9:30 🌟 Bathroom & Hydration Break for Performance 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 12:30 🌟 Lanai Time 1:30 🧠 Just Craftin: Color by Numbers Solar System Art 2:45 🎭 Recreating the Classroom Experience: Masters of Math 3:00 🔄 Ageless Fitness & Hydration 3:00 🎲 Games & Things to Do Together: BINGO</p></div>
<div><p>Spaghetti Day 4</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Spaghetti 9:30 🎲 Morning Surprise: Paper Collage Making 10:15 🏠 In the Home: Match, Fold, & Deliver 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Games & Singing in The Lanai 1:30 🔄 Ageless Fitness & Hydration 2:00 🎭 Recreating the Classroom Experience: Documentary of Italy 3:00 🎲 Games & Things to Do Together: BINGO</p></div>	<div><p>Bird Day 5</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Fun Facts about Birds 9:30 🎨 Watercolors & Oldie Tunes 10:00 🌟 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Old Waipahu / Kunia 1:00 🧠 Tissue Paper Art 2:00 🎭 Recreating the Classroom Experience: Learning about Birds in Hawaii 2:30 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Technology Day 6</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Modern Technology 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Hangman on The Lanai 1:30 🧠 Just Craftin: Paper Fish Bowl Making 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Tempura Day 7</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Tempura Restaurants in Hawaii 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Musical Performance by Roy Hamada & Friends: 2nd Floor 12:30 🌟 Trivia and Charades on The Lanai 1:30 🎭 Fun Film: Residents Choice 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Argyle Day 8</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Facts about Argyles 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 12:30 🌟 Sing Along w/ Karina on The Lanai 1:15 🧠 Watercolors & Word Search Puzzles 2:00 🎭 Recreating the Classroom Experience: Learning about Middle Age Art 2:30 🎲 Games & Things To Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Law Enforcement Appreciation Day 9</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of The Honolulu P.D. 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌟 Guess That Scent! 12:30 🌟 Lanai Time 1:45 🧠 Q-Tip Art & Puzzle Packs 2:00 🎭 Recreating the Classroom Experience: Police Trivia & Facts 2:45 📖 Journaling: Writing and/or Drawing Your Day 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Eagle Day 10</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Fun Facts about Eagles 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌟 Lanai Time 1:30 🧠 Just Craftin: Popsicle Stick Cactus Making 2:45 🎭 Recreating the Classroom Experience: Masters of Math 3:00 🔄 Ageless Fitness & Hydration 3:00 🎲 Games & Things to Do Together: BINGO</p></div>
<div><p>Milk Day 11</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Fun Facts about Milk 9:30 🎲 Morning Surprise: Paper Collage Making 10:15 🏠 In the Home: Match, Fold, & Deliver 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Games & Singing in The Lanai 1:30 🔄 Ageless Fitness & Hydration 2:00 🎭 Recreating the Classroom Experience: Documentary of Hawaii 3:00 🎲 Games & Things to Do Together: BINGO</p></div>	<div><p>Curry Day 12</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Curry Spots in Hawaii 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Moanalua / Salt Lake 1:00 🧠 Tissue Paper Art 2:00 🎭 Recreating the Classroom Experience: U.S. President Trivia 2:30 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Korean American Day 13</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Koreans in Hawaii 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Hangman on The Lanai 1:30 🧠 Just Craftin: Curled Paper Flower Art 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Dress Up Your Pet Day 14</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Funny Pictures of Pets 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🌟 Trivia and Charades on The Lanai 1:30 🎭 Fun Film: Back to The Outback 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Hat Day 15</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Hats 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎲 Morning Surprise: Mega Toss Games 12:30 🌟 Sing Along w/ Karina on The Lanai 1:15 🧠 Watercolors & Word Search Puzzles 2:00 🎭 Recreating the Classroom Experience: Learning about Hats 2:30 🎲 Games & Things To Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Fig Newton Day 16</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: What is a Fig Newton? 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌟 Guess That Scent! 12:30 🌟 Lanai Time 1:45 🧠 Q-Tip Art & Puzzle Packs 2:00 🎭 Recreating the Classroom Experience: Hawaii Trivia 2:45 📖 Journaling: Writing and/or Drawing Your Day 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Popeye The Sailorman Day 17</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Balloon Volleyball 9:45 🎲 Games & Things to Do Together: Pictionary & Hangman 12:30 🌟 Lanai Time 1:30 🧠 Just Craftin: Cotton Ball Penguin Making 2:45 🎭 Recreating the Classroom Experience: Masters of Math 3:00 🔄 Ageless Fitness & Hydration 3:00 🎲 Games & Things to Do Together: BINGO</p></div>
<div><p>Winnie The Pooh Day 18</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Fun Facts about Winnie The Pooh 9:30 🎲 Morning Surprise: Paper Collage Making 10:15 🏠 In the Home: Match, Fold, & Deliver 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Games & Singing in The Lanai 1:30 🔄 Ageless Fitness & Hydration 2:00 🎭 Recreating the Classroom Experience: Documentary of Bears 3:00 🎲 Games & Things to Do Together: BINGO</p></div>	<div><p>Martin Luther King Day 19</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Martin Luther King 9:30 🌟 Bathroom & Hydration Break for Performance 10:00 🎵 Piano Performance by Nicolas Sugg: 2nd Floors 12:30 🚗 3rd Flr. Van Ride: Waialua 1:00 🧠 Tissue Paper Art 2:00 🎭 Recreating the Classroom Experience: U.S. History in the 60s 2:30 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Cheese Lovers Day 20</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Things Made w/ Cheese 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Hangman on The Lanai 1:30 🧠 Just Craftin: Wacky Paper Plate Jelly Fish Making 2:45 🌟 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Squirrel Day 21</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Fun Facts about Squirrels 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🌟 Trivia and Charades on The Lanai 1:30 🎭 Fun Film: Residents Choice 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Polka Dot Day 22</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Interesting Polka Dot Art 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:30 🌟 Sing Along w/ Karina on The Lanai 1:15 🧠 Watercolors & Word Search Puzzles 2:00 🎭 Recreating the Classroom Experience: European Fashion 2:30 🎲 Games & Things To Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Pie Day 23</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: History of Pie 9:30 🍷 Sit, Sip, & Brain Games at The Bistro 10:30 🌟 Guess That Scent! 12:30 🌟 Lanai Time 1:45 🧠 Q-Tip Art & Puzzle Packs 2:00 🎭 Recreating the Classroom Experience: Pie Trivia & Facts 2:45 📖 Journaling: Writing and/or Drawing Your Day 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Peanut Butter Day 24</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Peanut Butter Creations 9:45 🎲 Balloon Volleyball 10:30 🎲 Games & Things to Do Together: Pictionary & Hangman 12:30 🌟 Lanai Time 2:00 🎵 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 🔄 Ageless Fitness & Hydration 3:00 🎲 Games & Things to Do Together: BINGO</p></div>
<div><p>Florida Day 25</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: 10 Facts about Florida 9:30 🎲 Morning Surprise: Paper Collage Making 10:15 🏠 In the Home: Match, Fold, & Deliver 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Games & Singing in The Lanai 1:30 🔄 Ageless Fitness & Hydration 2:00 🎭 Recreating the Classroom Experience: Documentary of Florida 3:00 🎲 Games & Things to Do Together: BINGO</p></div>	<div><p>Green Juice Day 26</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Health Benefits from Juicing 9:30 🎨 Watercolors & Oldie Tunes 10:00 🌟 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ewa Beach 1:00 🧠 Tissue Paper Art 2:00 🎭 Recreating the Classroom Experience: Science Trivia 2:30 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Chocolate Cake Day 27</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Wackiest Cake Creations 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎵 Morning Surprise: Japanese Sing Along 10:45 🔄 Get Up & Move Club: Walking to The Beat 12:30 🌟 Hangman on The Lanai 1:30 🧠 Just Craftin: Tissue Paper Ballerina Art 2:45 🌟 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Pancake Day 28</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Best Pancake Houses in Hawaii 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:30 🌟 Trivia and Charades on The Lanai 1:30 🎭 Fun Film: Founder 2:45 🎲 Games & Things to Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 In the Evening: Kanikapila Time! 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Puzzle Day 29</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Interesting Puzzle Facts 9:30 🍷 Sit, Sip, & Name 5 at The Bistro 10:15 🎲 Morning Surprise: Mega Toss Games 12:30 🌟 Sing Along w/ Karina on The Lanai 1:15 🧠 Watercolors & Word Search Puzzles 2:00 🎭 Recreating the Classroom Experience: Australia Geography 2:30 🎲 Games & Things To Do Together: BINGO 3:15 🔄 Ageless Fitness & Hydration 5:00 🎭 In The Evening: Guess That Tune! 5:30 🌿 Unwind The Mind: Yoga</p></div>	<div><p>Croissant Day 30</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Sit, Sip, & Brain Games at The Bistro 10:30 🌟 Guess That Scent! 12:30 🌟 Lanai Time 1:45 🧠 Q-Tip Art & Puzzle Packs 2:00 🎭 Recreating the Classroom Experience: History on European Baking 2:45 📖 Journaling: Writing and/or Drawing Your Day 3:15 🔄 Ageless Fitness & Hydration 5:00 🎲 Games & Things to Do Together: BINGO 5:30 🌿 Unwind The Mind Time: Soothing Sound of The Islands</p></div>	<div><p>Hot Chocolate Day 31</p><p>8:30 🎵 Greeting Songs of Aloha 8:45 🌿 Hali'a Resistance Training Circuit & Hydration 9:15 📰 News & Views: Who Created Hot Chocolate? 9:30 🌟 Hydration & Bathroom Break 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🌟 Lanai Time 1:30 🧠 Just Craftin: Balloon Elephant Making 2:45 🎭 Recreating the Classroom Experience: Masters of Math 3:00 🔄 Ageless Fitness & Hydration 3:00 🎲 Games & Things to Do Together: BINGO</p></div>