January 2024 5th Floor Calendar						created sale U
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Mililani —	New Years Day	Cream Puff Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 Arts & Crafts: Cupcake Liner Firework Art - 4th Floor 2:30 Chair Zumba & Hydration: 4th Floor 4:15 BINGO	Drinking Straw Day		Whipped Cream Day	Bean Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 Arts & Crafts: Mickey Mouse Q-Tip Painting - 4th Floor 2:30 Chair Zumba & Hydration: 4th Floor 3:00 BINGO: 4th Floor
9:30 ➤ Televised Sunday Sermons 10:00 ➤ Lanai Time & Hawaiian Tunes 11:30 → Ageless Fitness & Hydration 1:30 ➤ Fun Film: 4th Floor 3:00 ➤ BINGO: 4th Floor 3:30 → Chair Zumba & Hydration: 4th Floor	Argyle Day 10:00	Law Enforcement Appreciation Day 10:00 Resident Council Meeting 10:30 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 2:30 Chair Zumba & Hydration: 4th Floor 3:00 Arts & Crafts: Rolled Paper Tulip Making 4:15 BINGO	Houseplant Day 9:45 ☐ Errand Run - Unsupervised: Mililani Town Center 10:00 ☐ Plaza Sing Along: 2nd Floor 11:30 ☐ Ageless Fitness & Hydration 1:30 ☐ Movies & Popcorn: 4th Floor 1:45 ☐ 5th Flr. Van Ride: Ko'olina 3:00 ☐ BINGO: 4th Floor 3:30 ☐ Chair Zumba & Hydration: 4th Floor	Milk Day 10:00 Lanai Time & Hawaiian Tunes 10:00 Mass w/ Father Anthony: 5th Floor 11:30 Ageless Fitness & Hydration 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Chair Zumba & Hydration: 4th Floor 4:15 BINGO	Hawaiian Tunes 11:30 → Ageless Fitness & Hydration 1:30 🌣 Independent Puzzle Packs	Rubber Duckie Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 Arts & Crafts: Hand Print Flamingo - 4th Floor 2:30 Chair Zumba & Hydration: 4th Floor 3:00 BINGO: 4th Floor
Hot Pastrami Sandwich Day 9:30 ➤ Televised Sunday Sermons 10:00 ← Chair Zumba w/ Annette: 2nd Floor 11:30 ← Ageless Fitness & Hydration 1:30 ► Fun Film: 4th Floor 3:00 ► BINGO: 4th Floor 3:30 ← Chair Zumba & Hydration: 4th Floor	Martin Luther King Jr. Day 10:00 ♣ Dice BINGO 10:30 ♦ Game Show Hour: The Price is Right 11:30 ➡ Ageless Fitness & Hydration 1:30 ♠ Watercolors & Puzzle Packs: 4th Floor 2:00 ➡ Chair Zumba & Hydration 2:30 ♣ Independent Puzzle Packs 3:30 ♣ BINGO	Fig Newton Day 10:00 Soul Sounds w/ Wally Brown: 2nd Floor 11:30 Ageless Fitness & Hydration 2:30 Chair Zumba & Hydration: 4th Floor 3:00 Arts & Crafts: Color The Galaxy - Fig Newtons 4:15 BINGO	Betty White Day 9:45 Sth Fir. Van Ride: Ala Moana Beach Park 10:00 Plaza Sing Along: 2nd Floor 11:30 Ageless Fitness & Hydration 1:30 Movies & Popcorn: 4th Floor 1:45 Firand Run - Unsupervised: Mililani Town Center 2:00 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 Pokeno 4:00 Ageless Fitness & Hydration 4:30 Black Jack	11:30 Ageless Fitness & Hydration 1:30 Hot Chocolate & Brain	Popcorn Day 10:00 Local Jamz w/ Dean Hirata: 2nd Floor 11:30 Ageless Fitness & Hydration 1:30 Independent Puzzle Packs 2:00 Blackjack 3:00 Drum-A-Sizing 4:15 BINGO	Disc Jockey Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 Arts & Crafts: Cotton Ball Penguin Making - 4th Floor 2:30 Chair Zumba & Hydration: 4th Floor 3:00 BINGO: 4th Floor
Granola Bar Day 9:30 ➤ Televised Sunday Sermons 10:00 ➤ Lanai Time & Hawaiian Tunes 11:30 → Ageless Fitness & Hydration 1:30 ➤ Fun Film: 4th Floor 3:00 ➤ BINGO: 4th Floor 3:30 → Chair Zumba & Hydration: 4th Floor	Hot Sauce Day 10:00 ♣ Dice BINGO 10:30 ♦ Game Show Hour: The Price is Right 11:30 ♣ Ageless Fitness & Hydration 1:30 ♦ Watercolors & Puzzle Packs: 4th Floor 2:00 ♣ Chair Zumba & Hydration 2:30 ♣ Independent Puzzle Packs 3:30 ♣ BINGO	Pie Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 2:30 Chair Zumba & Hydration: 4th Floor 3:00 Arts & Crafts: Paper Fish Bowl Making 4:15 BINGO	9:45 Frand Run - Unsupervised: Mililani Town Center 10:00 Plaza Sing Along: 2nd Floor 11:30 Movies & Popcorn: 4th Floor 1:45 Sth Flr. Van Ride: Ewa Beach 3:00 Pokeno 4:00 Ageless Fitness & Hydration 4:30 Black Jack	Opposite Day 10:00	Peanut Brittle Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 Independent Puzzle Packs 2:00 Blackjack 3:00 Drum-A-Sizing 4:15 BINGO	Chocolate Cake Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 2:00 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 BINGO & Mini Chocolate Cupcakes: 4th Floor
9:30 Televised Sunday Sermons 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 1:30 BINGO: 4th Floor 3:30 Chair Zumba & Hydration: 4th Floor	Puzzle Day 10:00 Dice BINGO 10:30 Game Show Hour: The Price is Right 11:30 Hageless Fitness & Hydration 1:30 Watercolors & Puzzle Packs: 4th Floor 2:00 Hadeless Chair Zumba & Hydration 2:30 BINGO	Croissant Day 10:00 Lanai Time & Hawaiian Tunes 11:30 Ageless Fitness & Hydration 2:30 Chair Zumba & Hydration: 4th Floor 3:00 Arts & Crafts: Popsicle Stick Cactus Making 4:15 BINGO	9:45 Frrand Run - Unsupervised: Mililani Town Center 10:00 Plaza Sing Along: 2nd Floor 11:30 Movies & Popcorn: 4th Floor 1:45 Sth Flr. Van Ride: Pearl City 3:00 Pokeno 4:00 Ageless Fitness & Hydration 4:30 Black Jack	Please meet in the lobby 15 minutes prior to all van departures. Schedule subject to change with or without notice.	Creative ☐ Entertainment ☐ Excursion ☐ Intellectual ☐ Physical ☐ Social ☐ Spiritual	Alternative Activity Options In support of fostering your independency, we encourage all to participate in activities on the 2nd or 4th Floors. Please see any Plaza Team Member for details.