


# January 2023 4th Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<b>New Years Day 1</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Name 5 12:30 🧩 Lanai Time 1:45 🎬 Fun Film 3:00 🧩 BINGO	<b>Science Fiction Day 2</b> 8:30 🧩 Individual Games 9:30 🚗 <b>Van Ride: Waialua</b> 9:45 🚶 Chair Zumba & Hydration 10:30 🧩 Game Show Hour: The Price is Right 11:00 🧩 <b>Current Events &amp; Best Science Fiction Movies</b> 12:30 🧩 Lanai Time 1:30 🎨 Watercolors & Puzzle Packs 2:15 🚶 Ageless Fitness, Indoor Stroll, & Hydration 3:00 🧩 BINGO	<b>Drinking Straw Day 3</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Fun Facts About Drinking Straws</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 Japanese Sing-Along 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Solar System Making</b> 2:30 🚶 Chair Zumba & Hydration 3:00 🧩 BINGO	<b>Trivia Day 4</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Trivia</b> 9:30 🚶 Tai Chi & Haydration 10:00 🧩 <b>Plaza Sing Along: 2nd Floor</b> 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎬 Movies & Popcorn 3:00 🧩 BINGO	<b>Whipped Cream Day 5</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 11:00 🕒 Trivia & Name 5 12:30 🧩 Lanai Time 1:45 🎨 Watercolors & Oldie Tunes 3:00 🧩 BINGO	<b>Shortbread Day 6</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Wackiest Shortbread Creations</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Tissue Paper Art & Try Not to Laugh Challenge 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎬 Fun Film 3:00 🧩 BINGO 3:30 🚶 Chair Zumba	<b>Tempura Day 7</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Best Restaurants for Tempura</b> 9:30 🚶 Ageless Fitness & Hydration 10:00 🎵 <b>Zumba with Annette: 2nd Flr.</b> 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Pink Flamingo Hand Making</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO			
<b>Argyle Day 8</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; History of The Argyle</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Name 5 12:30 🧩 Lanai Time 1:45 🎬 Fun Film 3:00 🧩 BINGO	<b>Law Enforcement Appreciation Day 9</b> 8:30 🧩 Individual Games 9:30 🚗 <b>Van Ride: Kapolei</b> 9:45 🚶 Chair Zumba & Hydration 10:00 🎵 <b>Hawaiian Music w/ Uncle Will: 2nd Floor</b> 11:00 🧩 <b>Current Events &amp; History of The Honolulu Police Department</b> 12:30 🧩 Lanai Time 1:30 🎨 Watercolors & Puzzle Packs 2:15 🚶 Ageless Fitness, Indoor Stroll, & Hydration 3:00 🧩 BINGO	<b>Houseplant Day 10</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Benefits of Houseplants</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 Japanese Sing-Along 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Cotton Ball Penguin Making</b> 2:30 🚶 Chair Zumba & Hydration 3:00 🧩 BINGO	<b>Milk Day 11</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; 10 Fun Facts About Milk</b> 9:30 🚶 Tai Chi & Haydration 10:00 🎵 <b>Musical Performance by Hank The Singing Dutchman: 2nd Floor</b> 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎬 Movies & Popcorn 3:00 🧩 BINGO	<b>Curried Chicken Day 12</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Trivia & Name 5 12:30 🧩 Lanai Time 1:45 🎨 Watercolors & Oldie Tunes 3:00 🧩 BINGO	<b>Sticker Day 13</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; How Stickers are Made</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Tissue Paper Art & Try Not to Laugh Challenge 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎲 Dice Bingo 2:30 🚶 Chair Zumba 3:00 🧩 BINGO	<b>Visionary Day 14</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Visionary Quotes from Successful People</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Mega Toss & Oldie Tunes 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Curled Paper Flower Art</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO			
<b>Hat Day 15</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Name 5 12:30 🧩 Lanai Time 1:45 🎬 Fun Film 3:00 🧩 BINGO	<b>Martin Luther King Jr. Day 16</b> 8:30 🧩 Individual Games 9:30 🚗 <b>Van Ride: Waiiau / Blaisdell Park</b> 9:45 🚶 Chair Zumba & Hydration 10:30 🧩 Game Show Hour: The Price is Right 11:00 🧩 <b>Current Events &amp; History of Martin Luther King Jr.</b> 12:30 🧩 Lanai Time 1:30 🎨 Watercolors & Puzzle Packs 2:15 🚶 Ageless Fitness, Indoor Stroll, & Hydration 3:00 🧩 BINGO	<b>Classy Day 17</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Worlds Best Classy Restaurants</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 Japanese Sing-Along 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Fish Bowl Creations</b> 2:30 🚶 Chair Zumba & Hydration 3:00 🧩 BINGO	<b>Winnie the Pooh Day 18</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Fun Facts About Winnie the Pooh</b> 9:30 🚶 Tai Chi & Haydration 10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b> 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎬 Movies & Popcorn 3:00 🧩 BINGO	<b>Popcorn Day 19</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Trivia & Name 5 12:30 🧩 Lanai Time 1:45 🎨 <b>Watercolors &amp; Popcorn Bar</b> 3:00 🧩 BINGO	<b>Cheese Lover's Day 20</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🧩 <b>Balloon Volleyball &amp; Cheese Sampling</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO	<b>Granola Day 21</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Mega Toss & Oldie Tunes 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Dream Catcher Making</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO			
<b>Chinese New Year's 22</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Name 5 12:30 🧩 Lanai Time 1:45 🎬 Fun Film 3:00 🧩 BINGO	<b>Pie Day 23</b> 8:30 🧩 Individual Games 9:30 🚗 <b>Van Ride: Waikole / Waipio</b> 9:45 🚶 Chair Zumba & Hydration 10:30 🧩 Game Show Hour: The Price is Right 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎨 <b>Watercolors &amp; Mini Apple Pie Ala Mode</b> 2:15 🚶 Ageless Fitness, Indoor Stroll, & Hydration 3:00 🧩 BINGO	<b>Compliment Day 24</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Ways to Give Compliments</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 Japanese Sing-Along 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Tie Dye Shirt &amp; Accessory Making</b> 2:30 🚶 Chair Zumba & Hydration 3:00 🧩 BINGO	<b>Activity Professionals Day 25</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Tai Chi & Haydration 10:00 🧩 <b>Plaza Sing Along: 2nd Floor</b> 10:30 🧩 Who Is It? & Trivia 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🎬 Movies & Popcorn 3:00 🧩 BINGO	<b>Green Juice Day 26</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Benefits of Green Juice</b> 9:30 🚶 Ageless Fitness & Hydration 10:00 🎵 <b>Bon Dancersizing w/ Wahiwawa Hongwanji: 2nd Floor</b> 11:00 🕒 Trivia & Name 5 12:30 🧩 Lanai Time 1:45 🎨 Watercolors & Oldie Tunes 3:00 🧩 BINGO	<b>Chocolate Cake Day 27</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Tissue Paper Art & Try Not to Laugh Challenge 11:00 🧩 Charades & Name That Tune 12:30 🧩 Lanai Time 1:30 🧩 <b>Dice Bingo w/ Mini Chocolate Cupcakes</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO	<b>Blueberry Pancake Day 28</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🚶 Mega Toss & Oldie Tunes 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Paper Plate Jelly Fish Making</b> 2:30 🚶 Chair Zumba 3:00 🧩 BINGO			
<b>Corn Chip Day 29</b> 8:30 🧩 Individual Games 9:15 🕒 Current Events 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 11:00 🕒 Name 5 12:30 🧩 Lanai Time 1:45 🎬 Fun Film 3:00 🧩 BINGO	<b>Bubble Wrap Day 30</b> 8:30 🧩 Individual Games 9:30 🚗 <b>Van Ride: Moanalua Valley</b> 9:45 🚶 Chair Zumba & Hydration 10:30 🧩 Game Show Hour: The Price is Right 11:00 🧩 <b>Current Events &amp; Who Invented Bubble Wrap</b> 12:30 🧩 Lanai Time 1:30 🎨 Watercolors & Puzzle Packs 2:15 🚶 Ageless Fitness, Indoor Stroll, & Hydration 3:00 🧩 BINGO	<b>Inspire Your Heart Day 31</b> 8:30 🧩 Individual Games 9:15 🕒 <b>Current Events &amp; Best Ways to Be Inspired</b> 9:30 🚶 Ageless Fitness & Hydration 10:15 🧩 Japanese Sing-Along 11:00 🕒 Trivia & Name 5 12:30 🧩 <b>Bubble Time &amp; Garden Club in The Lanai</b> 1:30 🎨 <b>Arts &amp; Crafts: Coffee Filter Tie Dye Butterfly Craft</b> 2:30 🚶 Chair Zumba & Hydration 3:00 🧩 BINGO	 <p><b>THE PLAZA</b> at Mililani</p>			<p>All activities will be located on the 4th floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>			<ul style="list-style-type: none"> <li> Creative</li> <li> Entertainment</li> <li> Excursion</li> <li> Intellectual</li> <li> Physical</li> <li> Social</li> </ul>