



January 2024
3rd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>New Years Day</div><div>1</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🖼️ Watercolors & Oldie Tunes 10:00 🚗 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Waialua 1:00 🖼️ Tissue Paper Art 2:00 🚗 Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Cream Puff Day</div><div>2</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🖼️ Arts & Crafts: Cupcake Liner Firework Art 2:30 🎭 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Drinking Straw Day</div><div>3</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Straws 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎵 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Trivia Day</div><div>4</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Trivia 9:30 🎵 Pictionary & Hangman 10:00 🎵 Bible Stories w/ Ms. Maureen 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎵 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Whipped Cream Day</div><div>5</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Bean Day</div><div>6</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Beans 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎵 Lanai Time 1:30 🖼️ Arts & Crafts: Mickey Mouse Q-Tip Painting 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO</div></div>
<div><div>Tempura Day</div><div>7</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places for Shrimp Tempura 10:00 🖼️ Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO</div></div>	<div><div>Argyle Day</div><div>8</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Argyle 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Koolina 1:00 🖼️ Tissue Paper Art 2:00 🚗 Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Law Enforcement Appreciation Day</div><div>9</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Honolulu P.D. 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🖼️ Arts & Crafts: Rolled Paper Tulip Making 2:30 🎭 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Houseplant Day</div><div>10</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Houseplants Used 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎵 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Milk Day</div><div>11</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Milk 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 🖼️ Tissue Paper Art 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎵 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Hot Tea Day</div><div>12</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎵 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Rubber Duckie Day</div><div>13</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Rubber Duckies 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎵 Lanai Time 1:30 🖼️ Arts & Crafts: Hand Print Flamingo 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO</div></div>
<div><div>Hot Pastrami Sandwich Day</div><div>14</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO</div></div>	<div><div>Martin Luther King Jr. Day</div><div>15</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🖼️ Watercolors & Oldie Tunes 10:00 🚗 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ala Moana Beach Park 1:00 🖼️ Tissue Paper Art 2:00 🚗 Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Fig Newton Day</div><div>16</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🖼️ Arts & Crafts: Color The Galaxy - Fig Newtons 2:30 🎭 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Betty White Day</div><div>17</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Betty White 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Winnie The Pooh Day</div><div>18</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Winnie The Pooh 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 🖼️ Tissue Paper Art 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎵 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Popcorn Day</div><div>19</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎵 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎵 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Disc Jockey Day</div><div>20</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The DJ 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎵 Lanai Time 1:30 🖼️ Arts & Crafts: Cotton Ball Penguin Making 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO</div></div>
<div><div>Granola Bar Day</div><div>21</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🖼️ Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO</div></div>	<div><div>Hot Sauce Day</div><div>22</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Hottest Sauces 9:30 🖼️ Watercolors & Oldie Tunes 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ewa Beach 1:00 🖼️ Tissue Paper Art 2:00 🚗 Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Pie Day</div><div>23</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places for Pie in Hawaii 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🖼️ Arts & Crafts: Paper Fish Bowl Making 2:30 🎭 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Compliment Day</div><div>24</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Tips on How to Give A Compliment 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎵 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Opposite Day</div><div>25</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:30 🎵 Bubble Time & Garden Club in The Lanai Time 1:30 ↔ Mega Toss Games 2:30 🎵 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Peanut Brittle Day</div><div>26</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places to Buy Peanut Brittle 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎵 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎵 Watercolors & Puzzle Packs 3:00 🎵 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Chocolate Cake Day</div><div>27</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 ↔ Balloon Volleyball, Pictionary, & Mini Chocolate Cupcakes 12:30 🎵 Lanai Time 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:15 🌟 BINGO</div></div>
<div><div>LEGO Day</div><div>28</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of LEGO's 10:00 🖼️ Paper Collage Making 12:30 🎵 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO</div></div>	<div><div>Puzzle Day</div><div>29</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Greatest Completed Puzzles 9:30 🖼️ Watercolors & Oldie Tunes 10:00 🚗 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Pearl City 1:00 🖼️ Tissue Paper Art 2:00 🚗 Charades & Name That! YoutTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Croissant Day</div><div>30</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Things to Eat w/ Croissants 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎵 Bubble Time & Garden Club in The Lanai 1:30 🖼️ Arts & Crafts: Popsicle Stick Cactus Making 2:30 🎭 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>Inspire Day</div><div>31</div><div>8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Ways to Be Inspired 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎵 Lanai Time 1:30 🎵 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches</div></div>	<div><div>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</div><div><div> Creative</div><div> Entertainment</div><div> Excursion</div><div> Intellectual</div><div> Physical</div><div> Social</div></div></div>		