

January 2026
5th Floor Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>Please meet in the lobby 15 minutes prior to all van departures. Schedule subject to change with or without notice.</div>	<div><div><div>🎨 Arts / Crafts</div><div>👨🍳 Cooking / Baking</div><div>🎓 Educational Classes</div><div>🏃 Exercise / Physical Activity</div><div>🚗 Field Trip / Medical Appointments</div><div>🎮 Games</div><div>🌿 Gardening / Outdoor Visit</div><div>🎬 Movies / Documentaries</div><div>🎵 Music / Special Entertainment</div><div>🌿 Plaza Life Fitness</div><div>🙏 Religious / Spiritual Programs</div><div>👥 Socials / Social Gathering</div></div></div>	<div><div>Alternative Activity Options</div><div>In support of fostering your independency, we encourage all to participate in activities on the 2nd or 4th Floors. Please see any Plaza Team Member for details.</div></div>	<div><div>New Years Day1</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🍫 Hot Chocolate & Brain Games at The Bistro</div><div>2:00 🧶 Aloha Crochet Club</div><div>2:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 🎲 BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Buffet Day2</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Independent Puzzle Packs</div><div>2:00 🎲 Plaza Casino Time: Blackjack</div><div>3:00 ➕ Hangman & Pictionary</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Chocolate Covered Day3</div><div>8:30 Resident Breakfast</div><div>10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:15 ➕ Spot It! & Bananagrams: 4th Floor</div><div>1:30 🧶 Just Craftin: Color by Numbers Solar System Art - 4th Floor</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ BINGO: 4th Floor</div><div>5:30 Resident Dinner</div></div>
<div><div>Spaghetti Day4</div><div>8:30 Resident Breakfast</div><div>9:30 🙏 Televised Sunday Sermons</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🎬 Fun Film: 4th Floor</div><div>2:00 🎲 Plaza Sing Along Club</div><div>3:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Bird Day5</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Van Ride: Old Waipahu / Kunia Lake</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time! Blackjack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 ➕ Hangman & Pictionary</div><div>3:30 ➕ BINGO</div><div>4:30 ➕ Independent Puzzle Packs</div><div>5:30 Resident Dinner</div></div>	<div><div>Technology Day6</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ Plaza Casino Time: Black Jack</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Tempura Day7</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Errand Run - Unsupervised: Mililani Town Center</div><div>10:00 🎵 Musical Performance by Roy Hamada & Friends: 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time: Black Jack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 🎮 Pokeno</div><div>4:00 ➕ Hangman & Name 5</div><div>5:30 Resident Dinner</div></div>	<div><div>Argyle Day8</div><div>8:30 Resident Breakfast</div><div>10:00 🙏 Mass w/ Father Anthony: 5th Floor</div><div>10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🍫 Hot Chocolate & Brain Games at The Bistro</div><div>2:00 🧶 Aloha Crochet Club</div><div>2:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Law Enforcement Appreciation Day9</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Independent Puzzle Packs</div><div>2:00 🎲 Plaza Casino Time: Blackjack</div><div>3:00 ➕ Hangman & Pictionary</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Eagle Day10</div><div>8:30 Resident Breakfast</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:15 ➕ Spot It! & Bananagrams: 4th Floor</div><div>1:30 🧶 Just Craftin: Popsicle Stick Cactus Making - 4th Floor</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ BINGO: 4th Floor</div><div>5:30 Resident Dinner</div></div>
<div><div>Milk Day11</div><div>8:30 Resident Breakfast</div><div>9:30 🙏 Televised Sunday Sermons</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🎬 Fun Film: 4th Floor</div><div>2:00 🎲 Plaza Sing Along Club</div><div>3:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Curry Day12</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Van Ride: Moanalua / Salt Lake</div><div>10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time! Blackjack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 ➕ Hangman & Pictionary</div><div>3:30 ➕ BINGO</div><div>4:30 ➕ Independent Puzzle Packs</div><div>5:30 Resident Dinner</div></div>	<div><div>Korean American Day13</div><div>8:30 Resident Breakfast</div><div>9:30 🌟 Lanai Time & Hawaiian Tunes</div><div>10:00 Resident Council Meeting</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ Plaza Casino Time: Black Jack</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Dress Up Your Pet Day14</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Errand Run - Unsupervised: Mililani Town Center</div><div>10:00 Morning Surprise: Mele with Our Friends - 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time: Black Jack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 🎮 Pokeno</div><div>4:00 ➕ Hangman & Name 5</div><div>5:30 Resident Dinner</div></div>	<div><div>Hat Day15</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🍫 Hot Chocolate & Brain Games at The Bistro</div><div>2:00 🧶 Aloha Crochet Club</div><div>2:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Fig Newton Day16</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Independent Puzzle Packs</div><div>2:00 ➕ Plaza Casino Time: Blackjack</div><div>3:00 ➕ Hangman & Pictionary</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Popeye The Sailorman Day17</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:15 ➕ Spot It! & Bananagrams: 4th Floor</div><div>1:30 🧶 Just Craftin: Cotton Ball Penguin Making - 4th Floor</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ BINGO: 4th Floor</div><div>5:30 Resident Dinner</div></div>
<div><div>Winnie The Pooh Day18</div><div>8:30 Resident Breakfast</div><div>9:30 🙏 Televised Sunday Sermons</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🎬 Fun Film: 4th Floor</div><div>2:00 🎲 Plaza Sing Along Club</div><div>3:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Martin Luther King Day19</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Van Ride: Waialua</div><div>10:00 🎵 Piano Performance by Nicolas Sugg: 2nd Floors</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time! Blackjack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 ➕ Hangman & Pictionary</div><div>3:30 ➕ BINGO</div><div>4:30 ➕ Independent Puzzle Packs</div><div>5:30 Resident Dinner</div></div>	<div><div>Cheese Lovers Day20</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ Plaza Casino Time: Black Jack</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Squirrel Day21</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Errand Run - Unsupervised: Mililani Town Center</div><div>10:00 Morning Surprise: Mele with Our Friends - 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time: Black Jack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 🎮 Pokeno</div><div>4:00 ➕ Hangman & Name 5</div><div>5:30 Resident Dinner</div></div>	<div><div>Polka Dot Day22</div><div>8:30 Resident Breakfast</div><div>10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</div><div>10:00 🙏 Mass w/ Father Anthony: 5th Floor</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🍫 Hot Chocolate & Brain Games at The Bistro</div><div>2:00 🧶 Aloha Crochet Club</div><div>2:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Pie Day23</div><div>8:30 Resident Breakfast</div><div>10:00 🙏 Bible Stories w/ Ms. Maureen</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Independent Puzzle Packs</div><div>2:00 ➕ Plaza Casino Time: Blackjack</div><div>3:00 ➕ Hangman & Pictionary</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Peanut Butter Day24</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:15 ➕ Spot It! & Bananagrams: 4th Floor</div><div>2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor</div><div>3:00 ➕ BINGO: 4th Floor</div><div>5:30 Resident Dinner</div></div>
<div><div>Florida Day25</div><div>8:30 Resident Breakfast</div><div>9:30 🙏 Televised Sunday Sermons</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🎬 Fun Film: 4th Floor</div><div>2:00 🎲 Plaza Sing Along Club</div><div>3:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Green Juice Day26</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Van Ride: Ewa Beach</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time! Blackjack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 ➕ Hangman & Pictionary</div><div>3:30 ➕ BINGO</div><div>4:30 ➕ Independent Puzzle Packs</div><div>5:30 Resident Dinner</div></div>	<div><div>Chocolate Cake Day27</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ Plaza Casino Time: Black Jack</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Pancake Day28</div><div>8:30 Resident Breakfast</div><div>9:45 🚗 Errand Run - Unsupervised: Mililani Town Center</div><div>10:00 Morning Surprise: Mele with Our Friends - 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Plaza Casino Time: Black Jack</div><div>2:30 🎲 Current Events & Brain Games</div><div>3:00 🎮 Pokeno</div><div>4:00 ➕ Hangman & Name 5</div><div>5:30 Resident Dinner</div></div>	<div><div>Puzzle Day29</div><div>8:30 Resident Breakfast</div><div>10:00 🌟 Lanai Time & Hawaiian Tunes</div><div>11:30 🌟 Resistance Training (A) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 🍫 Hot Chocolate & Brain Games at The Bistro</div><div>2:00 Plaza Buck Shopping: 5th Flr.</div><div>2:30 ↔ Ageless Fitness & Hydration: 4th Floor</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Croissant Day30</div><div>8:30 Resident Breakfast</div><div>10:00 👨🍳 Cooking Demo: Garlic Fried Rice</div><div>11:30 🌟 Resistance Training (B) & Hydration</div><div>12:30 Resident Lunch</div><div>1:30 ➕ Independent Puzzle Packs</div><div>2:00 ➕ Plaza Casino Time: Blackjack</div><div>3:00 ➕ Hangman & Pictionary</div><div>4:15 ➕ BINGO</div><div>5:30 Resident Dinner</div></div>	<div><div>Hot Chocolate Day31</div><div>8:30 Resident Breakfast</div><div>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</div><div>11:30 ↔ Ageless Fitness & Hydration</div><div>12:30 Resident Lunch</div><div>1:15 ➕ Spot It! & Bananagrams: 4th Floor</div><div>1:30 🧶 Just Craftin: Balloon Elephant Making - 4th Floor</div><div>2:30 ↔ Chair Zumba & Hydration: 4th Floor</div><div>3:00 ➕ BINGO: 4th Floor</div><div>5:30 Resident Dinner</div></div>