

February 2026 Lamaku Calendar

created with 

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Chocolate Day 1</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 9:50 🗨️ News & Views: Wackiest things made w/ Chocolate 10:00 🎹 Piano Performance by Nicholas: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🗨️ Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Groundhog Day 2</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Kakaako 10:00 🗨️ News & Views: History of Groundhog Day 10:30 🎮 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Activity Connection: Letter Quest 5:00 Resident Dinner</p>	<p>Carrot Cake Day 3</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Best Place for Carrot Cake 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Chinese New Year Dragon Puppet Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Women Sports Day 4</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Musical Performance by Roy Hamada & Friends: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film: Simone Biles Rising 3:30 🗨️ Activity Connection: Collage Detective 5:00 Resident Dinner</p>	<p>Weatherpersons Day 5</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about Weatherpersons 10:15 🗨️ Plaza Pen Pal Club: Writing to MOA Friends 10:50 🎮 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Chopsticks Day 6</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Wackiest things made w/ Chopsticks 10:30 🎮 Brain Buster Time: Quiz Dino 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p>	<p>Write to a Friend Day 7</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 Just Craftin: Paper Plate Polar Bear Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎵 SIDAC Hawaii Youth Visit & Singing 3:30 🎮 Color & Chat 5:00 Resident Dinner</p>
<p>Super Bowl Sunday 8</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about The Superbowl 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Super Bowl Party: 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Pizza Day 9</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Haleiwa Town 10:00 🗨️ News & Views: History of Pizza 10:30 🎮 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🗨️ Activity Connection: Letter Quest 5:00 Resident Dinner</p>	<p>Guitar Day 10</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Best Guitar Musicians in the World 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Valentine Animal Heart Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Inventors Day 11</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film: Residents Choice 3:30 🗨️ Activity Connection: Collage Detective 5:00 Resident Dinner</p>	<p>Pudding Day 12</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 9:50 🗨️ News & Views: Fun facts about Pudding 10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Cheddar Cheese Day 13</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 🚗 Men's Club: Malasada Run at Leonard's Bakery at Waikale 10:00 🗨️ News & Views: Best Cheeses in The World 10:30 🎮 Brain Buster Time: Quiz Dino 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p>	<p>Valentines Day 14</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about Valentines Day 10:30 🗨️ Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 2:00 🎵 Local Jamz w/ Dean Hirata 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p>
<p>Gumdrop Day 15</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Wackiest things made w/ Gumdrops 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🗨️ Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Presidents Day 16</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:50 🗨️ News & Views: 10 Things to know about U.S. Presidents 11:00 🎵 Gee Yung Lion Dance & Blessing: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 ↔ Ageless Fitness & Hydration 2:00 🎵 Piano Performance by Nicholas: 2nd Floor 3:30 🗨️ Activity Connection: Letter Quest 5:00 Resident Dinner</p>	<p>Be Kind Day 17</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Tips on Being Kind 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Newspaper Shark Art Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Wine Day 18</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film: Mrs. Doubtfire 3:30 🗨️ Activity Connection: Collage Detective 5:00 Resident Dinner</p>	<p>Horse Day 19</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about Horses 10:15 🗨️ Plaza Pen Pal Club: Writing to MOA Friends 10:50 🎮 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Muffin Day 20</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 9:50 🗨️ News & Views: Wackiest Muffin Creations 10:00 🎵 Local Jamz w/ Dean Hirata 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p>	<p>Caregivers Day 21</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: 10 Facts about Caregivers 10:30 🗨️ Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 Just Craftin: Tissue Paper Sakura Art 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p>
<p>California Day 22</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about California 10:15 🎮 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Pokeno 2:15 🗨️ Guess Who & Name 5 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Kickback & Catch The Game 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Tile Art Day 23</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🚗 Lamaku Van Ride: Wahiawa Heights / Helemano 10:00 🗨️ News & Views: Worlds best Tile Art Creations 10:30 🎮 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🗨️ Activity Connection: Letter Quest 5:00 Resident Dinner</p>	<p>Tortilla Chip Day 24</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Wackiest Tortilla Chip Creations 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 Just Craftin: Wacky Paper Snail Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎮 BINGO 3:30 🎮 Color Therapy & Oldie Tunes 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Chili Day 25</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🎵 Morning Surprise: Birthday Bash w/ Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎮 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🎮 Fun Film: Residents Choice 3:30 🗨️ Activity Connection: Collage Detective 5:00 Resident Dinner</p>	<p>Pistachio Day 26</p> <p>8:00 Resident Breakfast 9:30 ★ One-to-One Moments 9:50 🗨️ News & Views: Pistachio Health Benefits 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:30 🎮 Color Therapy & Classical Music 3:30 ★ One-to-One Moments 5:00 Resident Dinner</p>	<p>Polar Bear Day 27</p> <p>8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Fun facts about Polar Bears 10:30 🎮 Brain Buster Time: Quiz Dino 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎮 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🎮 Game Show Watch Party 5:00 Resident Dinner</p>	<p>Floral Design Day 28</p> <p>8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 🗨️ News & Views: Best Floral Designs in the World 10:30 🗨️ Activity Connection: Travelogue 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 2:00 🎵 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 3:30 🎮 Color & Chat 5:00 Resident Dinner</p>



THE PLAZA
at Mililani

- 🎨 Arts / Crafts
- 📖 Educational Classes
- 🏃 Exercise / Physical Activity
- 🚗 Field Trip / Medical Appointments
- 🎮 Games
- 🌿 Gardening / Outdoor Visit
- 🧘 Meditation / Mindfulness
- 🎬 Movies / Documentaries
- 🎵 Music / Special Entertainment
- ★ One-on-One
- 🌺 Plaza Life Fitness
- 🍷 Socials / Social Gathering



LAMAKU
Extended Care