

February 2026 4th Floor Calendar



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chocolate Day 1 7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits 9:15 📺 News & Views: Wackiest things made w/ Chocolate 9:30 🌿 Hydration & Bathroom Break 10:00 🎹 Piano Performance by Nicholas: 2nd Floor 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film & Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness & Hydration 4:30 Resident Dinner	Groundhog Day 2 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 📺 News & Views: History of Groundhog Day 9:45 🚗 Van Ride: Kakaako 10:00 🎲 Dice BINGO 10:30 🎮 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎲 Name 5 & Charades 3:00 🎲 BINGO 4:30 Resident Dinner	Carrot Cake Day 3 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Best Place for Carrot Cake 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🎭 Just Craftin: Chinese New Year Dragon Puppet Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Women Sports Day 4 7:30 Resident Breakfast 8:45 ↔ Ageless Fitness & Hydration 9:15 📺 News & Views: Best Woman Athletes in The World 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Musical Performance by Roy Hamada & Friends: 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! & Trivia 1:30 🎬 Movies: Simone Biles Rising & Color Therapy 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Weatherpersons Day 5 7:30 Resident Breakfast 8:50 🌿 Seated Strength Circuits 9:15 📺 News & Views: Fun facts about Weatherpersons 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🍫 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Chopsticks Day 6 7:30 Resident Breakfast 8:50 🌿 Seated Strength (A) 9:15 📺 News & Views: Wackiest things made w/ Chopsticks 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Dice BINGO 1:30 🎬 Fun Film 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Write to a Friend Day 7 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Ways to Catch Up w/ Friends 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Charades & Name That Tune 1:30 🎭 Just Craftin: Paper Plate Polar Bear Making 3:00 🎲 BINGO 3:30 ↔ Chair Zumba & Hydration 4:30 Resident Dinner
Super Bowl Sunday 8 7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits 9:15 📺 News & Views: Fun facts about The Superbowl 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎉 Super Bowl Party: 2nd Floor 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness & Hydration 4:30 Resident Dinner	Pizza Day 9 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 📺 News & Views: History of Pizza 9:45 🚗 Van Ride: Haleiwa Town 10:00 🎲 Dice BINGO 10:30 🎮 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎲 Name 5 & Charades 3:00 🎲 BINGO 4:30 Resident Dinner	Guitar Day 10 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Best Guitar Musicians in the World 9:30 🎵 Lanai Time & Hawaiian Tunes 10:00 🎵 Resident Council Meeting 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🎭 Just Craftin: Valentine Animal Heart Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Inventors Day 11 7:30 Resident Breakfast 8:45 ↔ Ageless Fitness & Hydration 9:15 📺 News & Views: Worlds Recognized Inventors 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! & Trivia 1:30 🎬 Movies: Residents Choice & Color Therapy 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Pudding Day 12 7:30 Resident Breakfast 8:50 🌿 Seated Strength Circuits 9:15 📺 News & Views: Fun facts about Pudding 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🍫 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Cheddar Cheese Day 13 7:30 Resident Breakfast 8:50 🌿 Seated Strength (A) 9:15 📺 News & Views: Best Cheeses in The World 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 10:00 🍞 Men's Club: Malasada Run at Leonard's Bakery at Waikale 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Valentines Day 14 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Fun facts about Valentines Day 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Charades & Name That Tune 1:30 🌿 Bathroom Break & Hydration 2:00 🎵 Local Jamz w/ Dean Hirata 3:00 🎲 BINGO 3:30 ↔ Chair Zumba & Hydration 4:30 Resident Dinner
Gumdrop Day 15 7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits 9:15 📺 News & Views: Wackiest things made w/ Gumdrops 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film & Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness & Hydration 4:30 Resident Dinner	Presidents Day 16 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 📺 News & Views: 10 Things to know about U.S. Presidents 9:45 🎲 Dice BINGO 10:30 🌿 Hydration & Bathroom Break 11:00 🎵 Gee Yung Lion Dance & Blessing: 2nd Floor 11:30 Resident Lunch 1:00 🎲 Name 5 & Charades 1:30 🌿 Hydration & Bathroom Break 2:00 🎹 Piano Performance by Nicholas: 2nd Floor 3:00 🎲 BINGO 4:30 Resident Dinner	Be Kind Day 17 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Tips on Being Kind 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🎭 Just Craftin: Newspaper Shark Art Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Wine Day 18 7:30 Resident Breakfast 8:45 ↔ Ageless Fitness & Hydration 9:15 📺 News & Views: Most Expensive Wines in the World 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! & Trivia 1:30 🎬 Movies: Mrs. Doubtfire & Color Therapy 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Horse Day 19 7:30 Resident Breakfast 8:50 🌿 Seated Strength Circuits 9:15 📺 News & Views: Fun facts about Horses 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🍫 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Muffin Day 20 7:30 Resident Breakfast 8:50 🌿 Seated Strength (A) 9:15 📺 News & Views: Wackiest Muffin Creations 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Local Jamz w/ Dean Hirata 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Caregivers Day 21 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: 10 Facts about Caregivers 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Charades & Name That Tune 1:30 🎭 Just Craftin: Tissue Paper Sakura Art 2:30 ↔ Chair Zumba & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner
California Day 22 7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits 9:15 📺 News & Views: Fun facts about California 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 🎬 Fun Film & Bananagrams 3:00 🎲 BINGO 3:30 ↔ Ageless Fitness & Hydration 4:30 Resident Dinner	Tile Art Day 23 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 📺 News & Views: Worlds best Tile Art Creations 9:45 🚗 Van Ride: Wahiawa Heights / Helemano 10:00 🎲 Dice BINGO 10:30 🎮 Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 🎨 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🎲 Name 5 & Charades 3:00 🎲 BINGO 4:30 Resident Dinner	Tortilla Chip Day 24 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Wackiest Tortilla Chip Creations 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🎭 Just Craftin: Wacky Paper Snail Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Chili Day 25 7:30 Resident Breakfast 8:45 ↔ Ageless Fitness & Hydration 9:15 📺 News & Views: History of Zippy's Chili 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Morning Surprise: Birthday Bash w/ Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 🎲 Spot It! & Trivia 1:30 🎬 Movies: Residents Choice & Color Therapy 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Pistachio Day 26 7:30 Resident Breakfast 8:50 🌿 Seated Strength Circuits 9:15 📺 News & Views: Pistachio Health Benefits 9:30 🌿 Hydration & Bathroom Break 10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 11:30 Resident Lunch 1:00 🎲 Hangman & Pictionary 1:30 🍫 Hot Chocolate & Brain Games at The Bistro 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 4:30 Resident Dinner	Polar Bear Day 27 7:30 Resident Breakfast 8:50 🌿 Seated Strength (A) 9:15 📺 News & Views: Fun facts about Polar Bears 9:30 🌿 Hydration & Bathroom Break 10:00 📖 Bible Stories w/ Ms. Maureen & Friends: 5th Floor 11:30 Resident Lunch 1:00 🎲 Dice BINGO 2:00 🎨 Watercolors & Word Search Puzzles 3:00 ↔ Drum-A-Sizing 4:30 Resident Dinner	Floral Design Day 28 7:30 Resident Breakfast 8:50 🌿 Seated Strength (B) & Hydration 9:15 📺 News & Views: Best Floral Designs in the World 9:30 🌿 Bathroom Break & Hydration 10:00 🎵 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 🎲 Charades & Name That Tune 1:30 🌿 Bathroom Break & Hydration 2:00 🎵 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 🎲 BINGO 3:30 ↔ Chair Zumba & Hydration 4:30 Resident Dinner

- 🎨 Arts / Crafts
- 📺 Educational Classes
- ↔ Exercise / Physical Activity
- 🚗 Field Trip / Medical Appointments
- 🎲 Games
- 🌿 Gardening / Outdoor Visit
- 🌿 Hydration Program
- 🌿 Meditation / Mindfulness
- 🎬 Movies / Documentaries
- 🎵 Music / Special Entertainment
- 🌿 Plaza Life Fitness
- 🎉 Socials / Social Gathering

