

February 2025 3rd Floor Calendar



created with Sage.ly

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

- Creative
- Entertainment
- Excursion
- Intellectual
- Physical
- Social

<p>Groundhog Day 2</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & History of Groundhog Day</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Carrot Cake Day 3</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Halī'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Ewa Beach</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Thank A Mail Carrier Day 4</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 ⚡ Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Mail Carrier Thank You Card Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Nutella Day 5</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film w/ Nutella & Pretzels</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Chopsticks Day 6</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Things made w/ Chopsticks</p> <p>10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌺 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Wear Red Day 7</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Bible Stories w/ Ms. Maureen</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🌺 Fun Film</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Play Outside Day 1</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 ↔ Chair Zumba w/ Annette: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Q-Tip Heart Painting</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 ⚡ BINGO</p> <p>5:00 ↔ Evening Cool Down Stretches</p> <p>5:30 🌺 Stories of Old Hawaii</p>
<p>Super Bowl Sunday 9</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Super Bowl Party & Game</p> <p>3:00 🌺 BINGO</p>	<p>Safe Internet Day 10</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Safety Internet Tips</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Halī'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Mokuieia</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Make A Friend Day 11</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Best Way to Make Friends</p> <p>9:30 ⚡ Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Pom Pom Heart Wreath Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Plum Pudding Day 12</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & What is Plum Pudding?</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Giving Hearts Day 13</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Valentine's Day 14</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Valentine Performance by The Olaloo Jammers: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🌺 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Gumdrop Day 15</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Things Made w/ Gumdrops</p> <p>9:45 ↔ Balloon Volleyball</p> <p>10:30 ⚡ Pictionary & Hangman</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Paper Plate Polar Bear Making</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 ⚡ BINGO</p> <p>5:00 ↔ Evening Cool Down Stretches</p> <p>5:30 🌺 Stories of Old Hawaii</p>
<p>Do A Grouch A Favor Day 16</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Presidents Day 17</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & History of America's Favorite Presidents</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🎵 Performance by Team of Angels: 2nd Floor</p> <p>12:30 🚗 3rd Flr. Van Ride: Pearl City / Waimalu</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Drink Wine Day 18</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Best Wines Around The World</p> <p>9:30 ⚡ Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Wacky Paper Snail Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Chocolate Mint Day 19</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film w/ Popcorn & Chocolate Mint Patties</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Love Your Pet Day 20</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & 10 Ways to Love Your Pet</p> <p>10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌺 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Caregivers Day 21</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 ⚡ Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🌺 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Margarita Day 22</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Fun Facts About Margaritas</p> <p>9:45 ↔ Balloon Volleyball</p> <p>10:30 ⚡ Pictionary & Hangman</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</p> <p>3:15 ⚡ BINGO</p> <p>5:00 ↔ Evening Cool Down Stretches</p> <p>5:30 🌺 Stories of Old Hawaii</p>
<p>Dog Biscuit Day 23</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Tortilla Chip Day 24</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Halī'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Ala Moana Beach Park</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Chocolate Covered Day 25</p> <p>8:30 ↔ Seated Strength (B) & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 ⚡ Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌺 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Silly Balloon Elephant Making w/ Chocolate Pretzels</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Set A Good Example Day 26</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & 5 Ways to Be a Good Example</p> <p>10:00 🌺 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🌺 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Retro Day 27</p> <p>8:30 ↔ Seated Strength Circuits & Hydration</p> <p>9:15 ⚡ Current Events & Funniest Retro Fashion</p> <p>10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Floral Design Day 28</p> <p>8:30 ↔ Seated Strength (A) & Hydration</p> <p>9:15 ⚡ Current Events & Best Floral Gardens Around The World</p> <p>10:00 ⚡ Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🌺 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	