

August 2025
Lamaku Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
August cont'd		31								1		2	
South Carolina Day 8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: 10 Facts about South Carolina 10:15 🎲 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🍿 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner				🧠 Arts / Crafts 🎓 Educational Classes ↔ Exercise / Physical Activity 🚌 Field Trip / Medical Appointments 🎲 Games 🌿 Gardening / Outdoor Visit 🌿 Meditation / Mindfulness 🎬 Movies / Documentaries 🎵 Music / Special Entertainment 🌿 Plaza Life Fitness						Balloon Day 8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Wackiest Things Made w/ Balloons 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:15 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		Sandcastle Day 8:00 Resident Breakfast 9:50 📺 News & Views: Worlds Most Fascinating Sandcastles 10:00 🎵 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🧵 Just Craftin: Q-Tip Lavender Painting 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner	
Watermelon Day		Chocolate Chip Cookie Day		Oyster Day		Root Beer Float Day		Lighthouse Day		Mochi Day		Book Lovers Day	
3		4		5		6		7		8		9	
8:00 Resident Breakfast 9:50 📺 News & Views: 10 Fun Facts About Watermelons 10:00 🎵 Morning Surprise: Piano Performance by Nicholas - 2nd Floor 10:15 🎲 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🍿 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🍪 Lamaku Van Ride: Mokuleia 10:00 📺 News & Views: History of The Chocolate Chip Cookies 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 Wiki Wiki Snack: Chocolate Chip Cookies 3:30 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Wackiest Oyster Dishes in The World 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🧵 Just Craftin: Balloon Elephant Card Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 5:00 Resident Dinner		8:00 Resident Breakfast 9:50 📺 News & Views: History of The Root Beer Float 10:00 🎵 Morning Surprise: Musical Performance by Roy Hamada - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🍿 Fun Film & Popcorn 3:00 Wiki Wiki Snack: Mini Root Beer Floats 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: History of The Makapu'u Lighthouse 10:30 🎲 Brain Buster Time: Charades & Trivia 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🎲 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 🌿 Color Therapy & Oldie Tunes 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Fun Facts about Mochi 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:15 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 9:50 📺 News & Views: Best Known Books 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🧵 Just Craftin: Feathered Fan Making 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner	
Connecticut Day		Son's & Daughter's Day		Vinyl Record Day		Filet Mignon Day		Navajo Code Talker Day		Relaxation Day		Roller Coaster Day	
10		11		12		13		14		15		16	
8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: 10 Facts about Connecticut 10:15 🎲 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🍿 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🍪 Lamaku Van Ride: Makakilo 10:00 📺 News & Views: Tips on Celebrating Your Children 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: History of Vinyl Records 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🧵 Just Craftin: Happy Lemon Painting 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 5:00 Resident Dinner		8:00 Resident Breakfast 9:45 📺 News & Views: Best Steak Houses in The U.S. 10:00 🎵 Morning Surprise: Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🍿 Fun Film & Popcorn 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:50 📺 News & Views: History of The Navajo Code Talker 10:00 🎵 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🎲 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 🌿 Color Therapy & Oldie Tunes 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Best Ideas on How to Relax 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:15 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Best Roller Coasters in The World 10:30 Balloon Hockey 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🧵 Just Craftin: Tissue Paper Piggy Art 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner	
Massachusetts's Day		Ice Cream Pie Day		Aviation Day		Radio Day		Senior Citizens Day		Bao Day		Sponge Cake Day	
17		18		19		20		21		22		23	
8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: 10 Facts about Massachusetts 10:15 🎲 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🍿 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner		8:00 Resident Breakfast 9:45 🍪 Lamaku Van Ride: Newton / Aiea 9:50 📺 News & Views: Wackiest Ice Cream Pies 10:00 🎵 Morning Surprise: Performance by Team of Angels - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: History of Aviation 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🧵 Just Craftin: Coffee Filter Butterfly Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 5:00 Resident Dinner		8:00 Resident Breakfast 9:50 📺 News & Views: Remember in Hawaii's First Radio Stations 10:00 🎵 Morning Surprise: Performance by The Olaloa Jammers - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🍿 Fun Film & Popcorn 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:50 📺 News & Views: Amazing Things Done by Senior Citizens 10:00 🎵 Morning Surprise: Soul Sounds w/ Wally Brown - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🎲 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 🌿 Color Therapy & Oldie Tunes 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Best Hawaii Restaurants for Bao 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:15 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Wackiest Sponge Cake Creations 10:30 Balloon Hockey 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 2:00 🎵 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner	
Waffle Day		National Park Day		Dog Day		Peach Day		Bow Tie Day		College Colors Day		Beach Day	
24		25		26		27		28		29		30	
8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: History of The Waffle House 10:15 🎲 BINGO 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🍿 Fun Film & Popcorn 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 ↔ Rise n Shine Fitness & Hydration 9:45 🍪 Lamaku Van Ride: Ko'olina 10:00 📺 News & Views: Learning about Most Popular National Parks 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:30 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:30 ↔ Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Fun Facts about Dogs 10:30 🎵 Japanese Sing Along 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🧵 Just Craftin: Paper Plate Dalmatian Making 2:30 ↔ Ageless Fitness & Hydration 3:00 🎲 BINGO 5:00 Resident Dinner		8:00 Resident Breakfast 9:45 📺 News & Views: Wackiest Peach Creations 10:00 🎵 Morning Surprise: Birthday Bash & Mele with Our Friends - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🎲 BINGO 2:15 ↔ Move to The Rhythm: Drum-A-Sizing 3:00 🍿 Fun Film & Popcorn 5:00 Resident Dinner		8:00 Resident Breakfast 8:30 🚗 Scheduled Medical Transportation 9:50 📺 News & Views: Bow Tie & Fashion History 10:00 🎵 Morning Surprise: Bon Dancersizing w/ Wahiawa Hongwanji - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:00 🚗 Scheduled Medical Transportation 1:30 🎲 BINGO 2:30 ↔ Ageless Fitness & Hydration 3:15 🌿 Color Therapy & Oldie Tunes 5:00 Resident Dinner		8:00 Resident Breakfast 9:30 🌺 Rise n Shine Fitness & Hydration 10:00 📺 News & Views: Most well known College Colors 10:30 🎲 Brain Buster Time: Super Hangman Challenge 12:00 Resident Lunch & Leisure 1:00 🌺 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Move to The Rhythm: Drum-A-Sizing 3:15 🌿 Word Search Puzzles & Color Therapy 5:00 Resident Dinner		8:00 Resident Breakfast 9:50 📺 News & Views: Top 10 Beautiful Beaches in The World 10:00 🎵 Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 12:00 Resident Lunch & Leisure 1:00 🌺 Garden Club in The Lanai 1:30 🧵 Just Craftin: Beach Shell Fan Making 3:00 ↔ Ageless Fitness & Hydration 5:00 Resident Dinner	

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