

August 2025 4th Floor Calendar						created with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
South Carolina Day 7:30 Resident Breakfast 8:50 ↔ Seated Strength Circuits & Hydration 9:15 ► News & Views: 10 Facts about South Carolina 10:00 ≯ Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ↔ Balloon Volleyball 1:30 ♀ Fun Film & Bananagrams 3:00 ♣ BINGO 3:30 ↔ Ageless Fitness & Hydration 4:30 Resident Dinner	THE PLAZA — at Mililani		 Arts / Crafts Educational Classes Exercise / Physical Activity Field Trip / Medical Appointments Games Gardening / Outdoor Visit Meditation / Mindfulness Movies / Documentaries Music / Special Entertainment Plaza Life Fitness 		7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration 9:15 ► News & Views: Wackiest Things Made w/ Balloons 10:00 ★ Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ★ Dice BINGO 2:00 ❤ Watercolors & Word Search Puzzles 3:00 ← Drum-A-Sizing 4:30 Resident Dinner	Sandcastle Day 7:30 Resident Breakfast 8:45 Seated Strength (B) & Hydration 9:15 News & Views: Worlds Most Fascinating Sandcastles 10:00 Morning Surprise: Chair Zumba w/ Annette - 2nd Floor 11:30 Resident Lunch 1:00 Chair Carades & Name That Tune 1:30 Just Craftin: Q-Tip Lavender Painting 2:30 Chair Zumba & Hydration 3:00 BINGO 4:30 Resident Dinner
Watermelon Day 7:30 Resident Breakfast 8:45 → Seated Strength Circuits & Hydration 9:15 ► News & Views: 10 Fun Facts About Watermelons 10:00	Chocolate Chip Cookie Day 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 ★ News & Views: History of The Chocolate Chip Cookies 9:30 ♣ Van Ride: Mokuleia 10:00 ♣ Dice BINGO 10:30 ♣ Game Show Hour: The Price is Right 11:30 Resident Lunch 1:00 ❤ Watercolors & Puzzle Packs 1:30 Wiki Wiki Snack: Chocolate Chip Cookies 2:00 ♣ Ageless Fitness & Hydration 2:30 ♣ Name 5 & Charades 3:00 ♣ BINGO 4:30 Resident Dinner	11:30 Resident Lunch	Root Beer Float Day 7:30 Resident Breakfast 8:45 → Ageless Fitness & Hydration 9:15 ► News & Views: History of The Root Beer Float 10:00	Lighthouse Day 7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: History of The Makapu'u Lighthouse 10:00 Lanai Time & Hawaiian Tunes 11:30 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 HAgeless Fitness & Hydration 3:00 Resident Dinner	7:30 Resident Breakfast 8:50 ★ Seated Strength (A) & Hydration 9:15 ★ News & Views: Fun Facts about Mochi 10:00 ★ Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ★ Dice BINGO 2:00 Watercolors & Word Search Puzzles 3:00 ← Drum-A-Sizing 4:30 Resident Dinner	Book Lovers Day 7:30 Resident Breakfast 8:45 Seated Strength (B) & Hydration 9:15 News & Views: Best Known Books 10:00 Morning Surprise: Local Jamz w/Dean Hirata - 2nd Floor 11:30 Resident Lunch 1:00 Charades & Name That Tune 1:30 Just Craftin: Feathered Fan Making 2:30 Chair Zumba & Hydration 3:00 BINGO 4:30 Resident Dinner
Connecticut Day 7:30 Resident Breakfast 8:50 → Seated Strength Circuits & Hydration 9:15 ► News & Views: 10 Facts about Connecticut 10:00 ► Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 → Balloon Volleyball 1:30 ► Fun Film & Bananagrams 3:00 → BINGO 3:30 → Ageless Fitness & Hydration 4:30 Resident Dinner	Son's & Daughter's Day 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 ★ News & Views: Tips on Celebrating Your Children 9:30 Van Ride: Makakilo 10:00 ♣ Dice BINGO 10:30 ♣ Game Show Hour: The Price is Right Resident Lunch 1:00 ❤ Watercolors & Puzzle Packs 2:00 ♣ Ageless Fitness & Hydration 2:30 ♣ Name 5 & Charades 3:00 ♣ BINGO 4:30 Resident Dinner	1:00 . Hangman & Pictionary 1:00 . Scheduled Medical Transportation	Filet Mignon Day 7:30 Resident Breakfast 8:45 → Ageless Fitness & Hydration 9:15 ► News & Views: Best Steak Houses in The U.S. 10:00 Morning Surprise: Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 Spot It! & Trivia 1:30 Movies, Color Therapy, & Popcorn 3:00 Drum-A-Sizing 4:30 Resident Dinner	Navajo Code Talker Day 7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:45 Seated Strength Circuits & Hydration 9:15 News & Views: History of The Navajo Code Talker 10:00 Morning Surprise: Musical Performance by The Mellow Friends - 2nd Floor 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 1:30 Hot Chocolate & Brain Games at The Bistro 2:30 Ageless Fitness & Hydration 3:00 BINGO 4:30 Resident Dinner	Relax	Roller Coaster Day 7:30 Resident Breakfast 8:50 ★ Seated Strength (B) & Hydration 9:15 ★ News & Views: Best Roller Coasters in The World 10:00 ★ Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 ★ Charades & Name That Tune 1:30 ★ Just Craftin: Tissue Paper Piggy Art 2:30 ★ Chair Zumba & Hydration 3:00 ★ BINGO 4:30 Resident Dinner
Massachusetts's Day 7:30 Resident Breakfast 8:50 → Seated Strength Circuits & Hydration 9:15 ► News & Views: 10 Facts about Massachusetts 10:00 ► Lanai Time & Hawaiian Tunes 11:30 ← Balloon Volleyball 1:30 ← Fun Film & Bananagrams 3:00 ← BINGO 3:30 → Ageless Fitness & Hydration 4:30 Resident Dinner	Ice Cream Pie Day 7:30 Resident Breakfast 8:45 Seated Strength (A) & Hydration 9:30 Van Ride: Newton / Aiea 10:00	1:00 h Hangman & Pictionary	Radio Day 7:30 Resident Breakfast 8:45 → Ageless Fitness & Hydration 9:15 News & Views: Remember in Hawaii's First Radio Stations 10:00 Morning Surprise: Performance by The Olaloa Jammers - 2nd Floor 11:30 Resident Lunch 1:00 Novies, Color Therapy, & Popcorn 3:00 → Drum-A-Sizing 4:30 Resident Dinner	Senior Citizens Day 7:30 Resident Breakfast 8:30 Scheduled Medical Transportation 8:45 Seated Strength Circuits & Hydration 9:15 News & Views: Amazing Things Done by Senior Citizens 10:00 Morning Surprise: Soul Sounds w/ Wally Brown - 2nd Floor 11:30 Resident Lunch 1:00 Hangman & Pictionary 1:00 Scheduled Medical Transportation 2:00 Crafts & Dancing w/ Ladies of Aloha 3:00 Hingo 3:30 Ageless Fitness & Hydration Resident Dinner	7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 News & Views: Best Hawaii Restaurants for Bao 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Dice BINGO 2:00 Watercolors & Word Search Puzzles 3:00 Drum-A-Sizing 4:30 Resident Dinner	Sponge Cake Day 7:30 Resident Breakfast 8:50 Seated Strength (B) & Hydration 9:15 News & Views: Wackiest Sponge Cake Creations 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Charades & Name That Tune 2:00 Afternoon Surprise: Musical Performance by The Wahiawa SDA Church Group - 2nd Floor 3:00 Supplies BINGO 4:30 Resident Dinner
Waffle Day 7:30 Resident Breakfast 8:50 Seated Strength Circuits & Hydration 9:15 News & Views: History of The Waffle House 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Salloon Volleyball 1:30 Fun Film & Bananagrams 3:00 Salloon Ageless Fitness & Hydration 4:30 Resident Dinner	National Park Day 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 ★ News & Views: Learning about Most Popular National Parks 9:30 Van Ride: Koʻolina 10:00 ♣ Dice BINGO 10:30 ♣ Game Show Hour: The Price is Right Resident Lunch 1:00 ♣ Watercolors & Puzzle Packs 2:00 ♣ Ageless Fitness & Hydration 2:30 ♣ Name 5 & Charades 3:00 ♣ BINGO 4:30 Resident Dinner	Transportation 8:50 Seated Strength (B) & Hydration 9:15 Seated Strength (B) & Hydration 9:15 News & Views: Fun Facts about Dogs 10:00 Lanai Time & Hawaiian Tunes	Peach Day 7:30 Resident Breakfast 8:45 → Ageless Fitness & Hydration 9:15 ► News & Views: Wackiest Peach Creations 10:00 Morning Surprise: Birthday Bash & Mele with Our Friends - 2nd Floor 11:30 Resident Lunch 1:00 → Spot It! & Trivia 1:30 → Drum-A-Sizing 4:30 Resident Dinner	Page 13:0 Page 14:0 Page 14:0	College Colors Day 7:30 Resident Breakfast 8:50 Seated Strength (A) & Hydration 9:15 News & Views: Most well known College Colors 10:00 Lanai Time & Hawaiian Tunes 11:30 Resident Lunch 1:00 Dice BINGO 2:00 Watercolors & Word Search Puzzles 3:00 Drum-A-Sizing 4:30 Resident Dinner	Beach Day 7:30 Resident Breakfast 8:45 ★ Seated Strength (B) & Hydration 9:15 ★ News & Views: Top 10 Beautiful Beaches in The World 10:00 ♬ Morning Surprise: Local Jamz w/ Dean Hirata - 2nd Floor 11:30 Resident Lunch 1:00 ★ Charades & Name That Tune 1:30 ⑤ Just Craftin: Beach Shell Fan Making 2:30 ↔ Chair Zumba & Hydration 3:00 ★ BINGO 4:30 Resident Dinner