








# August 2024 4th Floor Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



-  Creative
-  Entertainment
-  Excursion
-  Intellectual
-  Physical
-  Social
-  Spiritual

<p><b>Friendship Day</b> 4</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Tips on Being a Good Friend</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🌺 Fun Film &amp; Bananagrams</p> <p>3:00 🌺 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Oyster Day</b> 5</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Wackiest Things Made w/ Oysters</b></p> <p>9:30 🚗 <b>Van Ride: Waialua</b></p> <p>10:30 🎮 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🌺 Name 5 &amp; Charades</p> <p>3:00 🌺 BINGO</p>	<p><b>Root Beer Float Day</b> 6</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Elephant Balloon Card Making - w/ Mini Root Beer Floats</b></p> <p>2:30 🌺 Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Raspberries N' Cream Day</b> 7</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events</b></p> <p>10:00 🌺 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🌺 Spot It! &amp; Trivia</p> <p>1:30 🌺 <b>Movies, Color Therapy, &amp; Popcorn</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Mahjong Day</b> 1</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Ice Cream Day</b> 2</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Dice BINGO</p> <p>2:00 ⚡ <b>Watercolors w/ Mini Ice Cream Cones</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Watermelon Day</b> 3</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b></p> <p>1:00 🌺 Charades &amp; Name That Tune</p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Plate Watermelon Fan Making</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>
<p><b>Play in The Sand Day</b> 11</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Sandcastles in The World</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🌺 Fun Film &amp; Bananagrams</p> <p>3:00 🌺 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Vinyl Record Day</b> 12</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:30 🚗 <b>Van Ride: Ewa Beach</b></p> <p>10:15 🎵 <b>Musical Performance by Play It Forward from Iolani HS: 2nd Floor</b></p> <p>11:00 🌺 <b>Current Events</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🌺 Name 5 &amp; Charades</p> <p>3:00 🌺 BINGO</p>	<p><b>Lefthanders Day</b> 13</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Famous Left Handers in The World</b></p> <p>10:00 🌺 <b>Resident Council Meeting</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Bowl Jelly Fish Making</b></p> <p>2:30 🌺 Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Creamsicle Day</b> 14</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b></p> <p>1:00 🌺 Spot It! &amp; Trivia</p> <p>1:30 🌺 <b>Movies, Color Therapy, &amp; Creamsicles</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Dollar Day</b> 8</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Performance by Mellow Friends: 2nd Floor</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Book Lovers Day</b> 9</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Musical Performance by The Olaloa Jammers: 2nd Floor</b></p> <p>1:00 🌺 Dice BINGO</p> <p>2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Bowling Day</b> 10</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; History of Bowling</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Charades &amp; Name That Tune</p> <p>1:30 📷 <b>Arts &amp; Crafts: Feathered Fan Making</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>
<p><b>Fajita Day</b> 18</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Restaurants for Fajitas</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🌺 Fun Film &amp; Bananagrams</p> <p>3:00 🌺 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Potato Day</b> 19</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; History of Potatoes &amp; Ireland</b></p> <p>9:30 🚗 <b>Van Ride: Newton / Aiea</b></p> <p>10:30 🎮 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🌺 Name 5 &amp; Charades</p> <p>3:00 🌺 BINGO</p>	<p><b>Bacon Day</b> 20</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Wackiest Things Made w/ Bacon</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Seashell Crab Art</b></p> <p>2:30 🌺 Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Senior Citizens Day</b> 21</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Amazing Acts from Senior Citizens</b></p> <p>10:00 🌺 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🌺 Spot It! &amp; Trivia</p> <p>2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Bao Day</b> 22</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Places for Bao in Hawaii</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Cuban Sandwich Day</b> 23</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events</b></p> <p>10:00 ⚡ <b>Bible Stories w/ Ms. Maureen: 5th Floor</b></p> <p>10:00 🌺 <b>Men's Club: Trip to Leonard's Bakery at Waieke</b></p> <p>1:00 🌺 Dice BINGO</p> <p>2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Waffle Day</b> 24</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Wackiest Waffle Creations</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Charades &amp; Name That Tune</p> <p>2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b></p> <p>3:00 🌺 BINGO</p>
<p><b>Banana Split Day</b> 25</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Who Created the Banana Split</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🌺 Fun Film &amp; Bananagrams</p> <p>3:00 🌺 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Dog Day</b> 26</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; 10 Fun Facts About Dogs</b></p> <p>9:30 🚗 <b>Van Ride: Honolulu</b></p> <p>10:30 🎮 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🌺 Name 5 &amp; Charades</p> <p>3:00 🌺 BINGO</p>	<p><b>Just Because Day</b> 27</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Q-Tip Lavender Painting</b></p> <p>2:30 🌺 Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>Thoughtful Day</b> 28</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Tips on Being Thoughtful</b></p> <p>10:00 🌺 <b>Plaza Sing Along &amp; Birthday Bash: 2nd Floor</b></p> <p>1:00 🌺 Spot It! &amp; Trivia</p> <p>1:30 🌺 <b>Movies, Color Therapy, &amp; Popcorn</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Chop Suey Day</b> 29</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Best Places for Chop Suey in Hawaii</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Hangman &amp; Pictionary</p> <p>1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>	<p><b>College Colors Day</b> 30</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Hula by Na Wahine O Ka Hula: 2nd Floor</b></p> <p>1:00 🌺 Dice BINGO</p> <p>2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Trail Mix Day</b> 31</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 ⚡ <b>Current Events &amp; Who Created The Trail Mix?</b></p> <p>10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🌺 Charades &amp; Name That Tune</p> <p>1:30 📷 <b>Arts &amp; Crafts: Tapped Surfboard Making</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🌺 BINGO</p>