








April 2024 3rd Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	April Fools Day 1 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About April Fools Day 9:30 🎨 Watercolors & Oldie Tunes 10:00 🎵 Musical Performance by The Olalao Jammers: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Kaneohe 1:00 🎨 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	PB & J Day 2 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ PB & J 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Swirly Spring Flower Painting 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Walking Day 3 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Health Benefits from Walking 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Vitamin-C Day 4 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 🎨 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Deep Dish Pizza Day 5 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Worlds Best Places for Deep Dish Pizza 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Caramel Popcorn Day 6 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: Funny Paper Octopus Making w/ Caramel Popcorn 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO	
	Beer Day 7 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Beers Around The World 10:00 🎨 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Zoo Day 8 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Honolulu Zoo 9:30 🎨 Watercolors & Oldie Tunes 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Aiea 1:00 🎨 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Unicorn Day 9 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Paper Plate Kawaii Unicorn Making 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cinnamon Day 10 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Trivia 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Mini Cinnamon Rolls 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Barber Shop Day 11 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of Barber Shops 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Licorice Day 12 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Wackiest Things Made w/ Licorice 10:00 🎵 Bible Stories w/ Ms. Maureen 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Scrabble Day 13 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Scrabble Board Game 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: 3D Feather Bird Art 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO
	Dolphin Day 14 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Fun Facts About Dolphins 10:00 🎨 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Titanic Day 15 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🎨 Watercolors & Oldie Tunes 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 12:30 🚗 3rd Flr. Van Ride: Wahiawa Heights / Helemano 1:00 🎨 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Pajama Day 16 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Coffee Filter Ice Cream Art 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Haiku Poetry Day 17 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎵 Plaza Sing Along: 2nd Floor 12:30 🎮 Lanai Time 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Animal Crackers Day 18 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 🎨 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 ↔ Mega Toss Games w/ Animal Crackers 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Garlic Day 19 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Garlic 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week 2:00 🎨 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Look A Like Day 20 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Funny Pictures of Look A Likes 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎮 Lanai Time 1:30 🎨 Arts & Crafts: Paper Cup Spring Flower Art 2:30 🌟 Trivia or Name Five 3:15 🌟 BINGO
	Fast Food Day 21 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Fast Food Restaurants 10:00 🎨 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Earth Day 22 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Ways to Keep The Earth Clean 9:30 🎨 Watercolors & Oldie Tunes 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Kapolei 1:00 🎨 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Cherry Cheesecake Day 23 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Places for Cheesecake 10:00 🎵 Performance by The Chibariyo Musical Group: 2nd Floor 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Paper Swinging Monkey Making 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Pig In A Blanket Day 24 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Fun Facts About Pigs In A Blanket 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 12:30 🎮 Lanai Time 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Telephone Day 25 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & History of The Telephone 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:00 🎨 Tissue Paper Art 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 ↔ Mega Toss Games 2:30 🎮 Charades & Name That Tune 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Pretzel Day 26 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🍫 Hot Chocolate & Brain Games at The Bistro 12:30 🎮 Lanai Time 1:30 🌟 Best Friend Activity of The Week w/ Pretzels 2:00 🎨 Watercolors & Puzzle Packs 3:00 🎮 Afternoon Exercises & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Babe Ruth Day 27 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & 10 Fun Facts About Babe Ruth 10:00 ↔ Balloon Volleyball & Pictionary 12:30 🎮 Lanai Time 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:15 🌟 BINGO
	Super Hero Day 28 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 10:00 🎨 Paper Collage Making 12:30 🎮 Lanai Time 1:30 ↔ Chair Zumba & Hydration 2:00 🌟 Educational Documentaries 3:00 🎮 BINGO	Shrimp Scampi Day 29 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Best Restaurants for Shrimp Scampi 9:30 🎨 Watercolors & Oldie Tunes 10:00 🎵 Hali'a Mele Club in The Lanai 12:30 🚗 3rd Flr. Van Ride: Ko'olina 1:00 🎨 Tissue Paper Art 2:00 🚗 Charades & Name That! YouTube Edition 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	Raisin Day 30 8:30 ↔ Ageless Fitness & Hydration 9:15 🌟 Current Events & Brain Games 9:30 🍫 Hot Chocolate & Talk Story at The Bistro 10:15 🎵 Japanese Sing Along 12:30 🎮 Bubble Time & Garden Club in The Lanai 1:30 🎨 Arts & Crafts: 3D Paper Snail Making w/ Chocolate Covered Raisins 2:30 🌟 Who Is It? & Hangman 3:00 ↔ Chair Zumba & Hydration 5:00 🎮 BINGO 5:30 ↔ Evening Cool Down Stretches	<p>All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.</p>			<ul style="list-style-type: none">  Creative  Entertainment  Excursion  Intellectual  Physical  Social