








Sunday Monday Tuesday Wednesday Thursday Friday Saturday



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

<p>Handmade Day 6</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & Wackiest Handmade Items</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 ↔ Ageless Fitness & Hydration</p> <p>2:00 📺 Educational Documentaries</p> <p>3:00 🌸 BINGO</p>	<p>Coffee Cake Day 7</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🌸 Hali'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Haleiwa Town</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>April Fools Day 1</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & Who Started April Fools Day</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌸 Japanese Sing Along</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Swirly Spring Flower Painting</p> <p>2:30 🌟 Who Is It? & Hangman</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Peanut Butter & Jelly Day 2</p> <p>8:30 🌟 Ageless Fitness & Hydration</p> <p>9:15 🌟 Current Events & Fun Facts About PB & Jelly</p> <p>10:00 🌸 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 🌸 Fun Film & Popcorn</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Burrito Day 3</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & Wildest Burrito Creations</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 ↔ Mega Toss Games</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌟 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Vitamin C Day 4</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Benefits of Vitamin-C</p> <p>10:00 🌸 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌸 Lanai Time</p> <p>2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 🌟 Name 5 & Guess That Tune</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Caramel Day 5</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & Fun Facts About Caramel</p> <p>10:00 ↔ Chair Zumba w/ Annette: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Popsicle Stick Bunny Nose Making</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 🌟 BINGO</p> <p>5:00 🌸 Stories of Old Hawaii</p> <p>5:30 🌟 Evening Yoga</p>
<p>Scrabble Day 13</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & History of Scrabble</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 ↔ Ageless Fitness & Hydration</p> <p>2:00 📺 Educational Documentaries</p> <p>3:00 🌸 BINGO</p>	<p>Zoo Lovers Day 8</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & History of The Honolulu Zoo</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌸 Japanese Sing Along</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Paper Plate Zoo Animal Making</p> <p>2:30 🌟 Who Is It? & Hangman</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Almond Cookie Day 9</p> <p>8:30 🌟 Ageless Fitness & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>10:00 🌸 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 🌸 Fun Film & Popcorn</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Sibling Day 10</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & Worlds Funniest Sibling Photos</p> <p>10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌟 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Pet Day 11</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Fun Facts About Pets</p> <p>10:00 🌸 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌸 Lanai Time</p> <p>2:00 🌸 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 🌟 Name 5 & Guess That Tune</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Colorado Day 12</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & 10 Fun Facts About Colorado</p> <p>9:45 ↔ Balloon Volleyball</p> <p>10:30 🌟 Pictionary & Hangman</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Bunny Banner Making</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 🌟 BINGO</p> <p>5:00 🌸 Stories of Old Hawaii</p> <p>5:30 🌟 Evening Yoga</p>	
<p>Dolphin Day 14</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Fun Facts About Dolphins</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🌸 Hali'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Moanalua / Salt Lake</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Purple Day 15</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & Worlds Famous Art w/ Purple</p> <p>10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Easter Egg Lace Craft</p> <p>2:30 🌟 Who Is It? & Hangman</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Orchid Day 16</p> <p>8:30 🌟 Ageless Fitness & Hydration</p> <p>9:15 🌟 Current Events & Photos of Orchards Around The World</p> <p>10:00 🌸 Easter Activity w/ Hanalani Schools</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 🌸 Fun Film & Popcorn</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Haiku Poetry Day 17</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & 10 Facts About Haiku Poetry</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 ↔ Mega Toss Games</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌟 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Exercise Day 18</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Top Exercises for Seniors</p> <p>10:00 🎵 Performance by The Olalua Jammers: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>2:00 🌸 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 🌟 Name 5 & Guess That Tune</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Armaretto Day 19</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & What is an Armaretto?</p> <p>10:00 🎵 Piano Performance by Nicolas Sugg</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Easter Bunny Card Making</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 🌟 BINGO</p> <p>5:00 🌸 Stories of Old Hawaii</p> <p>5:30 🌟 Evening Yoga</p>	
<p>Easter Sunday 20</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 ↔ Ageless Fitness & Hydration</p> <p>2:00 📺 Educational Documentaries</p> <p>3:00 🌸 BINGO</p>	<p>Chocolate Cashews Day 21</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>9:30 📷 Watercolors & Oldie Tunes</p> <p>10:00 🎵 Performance by Team of Angels: 2nd Floor</p> <p>12:30 🚗 3rd Flr. Van Ride: Kō'olina</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Jelly Bean Day 22</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌸 Japanese Sing Along</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Lady Spring Flower Making w/ Jelly Bean Samples</p> <p>2:30 🌟 Who Is It? & Hangman</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Picnic Day 23</p> <p>8:30 🌟 Ageless Fitness & Hydration</p> <p>9:15 🌟 Current Events & History of The Picnic</p> <p>10:00 🌸 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 🌸 Fun Film & Popcorn</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Pigs-In-A-Blanket Day 24</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>10:10 🌟 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 📷 Watercolors & Word Search Puzzles</p> <p>2:30 🌟 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Telephone Day 25</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Who Invented the Telephone?</p> <p>10:00 🎵 Hawaiian Music w/ Kupuna Mele: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>2:00 🌸 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 🌟 Name 5 & Guess That Tune</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	
<p>Babe Ruth Day 27</p> <p>8:30 🌟 Seated Strength Circuits & Hydration</p> <p>9:15 🌟 Current Events & History of Babe Ruth</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 ↔ Ageless Fitness & Hydration</p> <p>2:00 📺 Educational Documentaries</p> <p>3:00 🌸 BINGO</p>	<p>Superhero Day 28</p> <p>8:30 🌟 Seated Strength (A) & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>10:00 🎵 Performance by Na Leo Manu O'o: 2nd Floor</p> <p>12:30 🚗 3rd Flr. Van Ride: Wahiawa Heights / Helemano</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p>Peace Rose Day 29</p> <p>8:30 🌟 Seated Strength (B) & Hydration</p> <p>9:15 🌟 Current Events & History of The Peace Rose</p> <p>9:30 🌸 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🌸 Japanese Sing Along</p> <p>12:30 🌸 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Rainbow Painted Rose Making</p> <p>2:30 🌟 Who Is It? & Hangman</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Evening Yoga</p>	<p>Oatmeal Cookie Day 30</p> <p>8:30 🌟 Ageless Fitness & Hydration</p> <p>9:15 🌟 Current Events & Brain Games</p> <p>10:00 🌸 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌸 Lanai Time</p> <p>1:30 🌸 Fun Film w/ Oatmeal Cookies</p> <p>3:15 ↔ Ageless Fitness & Hydration</p> <p>5:00 🌸 BINGO</p> <p>5:30 🌟 Unwind The Mind Time</p>	<p> Creative</p> <p> Entertainment</p> <p> Excursion</p> <p> Intellectual</p> <p> Physical</p> <p> Plaza Life</p> <p> Social</p>		