



MEMORY CARE ACTIVITY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness	9:00 Ageless Fitness
9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break	9:30 Water & Bathroom Break
9:45 Bottle Toss	9:45 Arts & Crafts	9:45 Points Ring Toss	9:45 Arts & Crafts	9:45 Color Time	9:45 Arts & Crafts	9:45 Ball Toss
10:15 A-Z Words	11:15 Lunch Prep	10:15 Color Time	9:45 Arts & Crafts	10:15 Parachute	11:15 Lunch Prep	10:15 Reminisce
10:45 Puzzles	11:30 Lunch	10:45 Golf	11:15 Lunch Prep	10:45 History & Trivia	11:30 Lunch	10:45 Sing-A-Long
11:15 Lunch Prep	12:00 Sunshine & Relaxation	11:15 Lunch Prep	11:30 Lunch	11:15 Lunch Prep	12:00 Sunshine & Relaxation	11:15 Lunch Prep
11:30 Lunch	12:45 Kick Ball	11:30 Lunch	12:00 Sunshine & Relaxation	11:30 Lunch	12:45 Balloon Volleyball	11:30 Lunch
12:00 Sunshine & Relaxation	1:15 Ageless Fitness Part 2	12:00 Sunshine & Relaxation	12:00 Sunshine & Relaxation	12:00 Sunshine & Relaxation	12:45 Ageless Fitness Part 2	12:00 Sunshine & Relaxation
12:45 Memory Cards	1:45 Words That Start With...	12:45 Table Ball	12:45 Coffee Can Toss	12:45 Pick-Up-Sticks	1:15 Ageless Fitness Part 2	12:45 Table Ball
1:15 Ageless Fitness Part 2	2:15 Water & Bathroom Break	1:15 Ageless Fitness Part 2	1:15 Ageless Fitness Part 2	1:15 Ageless Fitness Part 2	1:45 Water & Bathroom Break	1:15 Ageless Fitness Part 2
1:45 Knock 'Em Down Cans	2:30 Balloon Volleyball	1:45 Creative Colors	1:45 BINGO	1:45 Water & Bathroom Break	2:00 Grocery Shopping	1:45 Water & Bathroom Break
2:15 Water & Bathroom Break	3:00 Snack	2:15 Spelling	1:45 BINGO	1:45 Water & Bathroom Break	2:30 Snack	1:45 Water & Bathroom Break
2:30 Tic Tac Throw	3:30 BINGO	2:45 Water & Bathroom Break	2:45 Water & Bathroom Break	2:00 Board Games	3:00 Jenga	2:00 Saturday Matinee
3:00 Hangman	4:15 Dinner Prep	3:00 Sunshine Ride	3:00 Bus Ride	2:45 A-Z Words	3:30 BINGO	3:00 Pokeno
3:30 Sing-A-Long	4:30 Dinner	4:15 Dinner Prep	4:15 Dinner Prep	3:30 Card BINGO	4:15 Dinner Prep	3:30 Water Color Fun
4:15 Dinner Prep		4:30 Dinner	4:15 Dinner Prep	4:15 Dinner Prep	4:30 Dinner	4:15 Dinner Prep
4:30 Dinner			4:30 Dinner	4:30 Dinner		4:30 Dinner

All activities are subject to change.